

# Cause I'm Falling

Count: 88

Wall: 2

Level: Phrased Intermediate

Choreographer: Anna Wärländer - April 2013

Music: Falling - State Of Drama



Sequence: A,B,A,B,24counts of B,B

The dance starts on the first beat

## A: 48 counts

### Side rock, recover, sailor turn $\frac{1}{4}$ right, step turn $\frac{1}{4}$ right, cross rock side

- 1, 2 Rock right to right side, recover on left  
3&4 step back on right, step left next to right, step right forward turning  $\frac{1}{4}$  to right  
5, 6 Step forward on left, turn  $\frac{1}{4}$  to right stepping right to right side  
7&8 cross left over right, recover on right, step left to left 6.00

### Cross unwind $\frac{3}{4}$ left, mambo step, back, rock, recover, hold, cross back side

- 1, 2 Cross right over left, unwind  $\frac{3}{4}$  to left weights on left  
3&4 step forward on right, recover on left, step right back  
5, 6& step back on left, rock right to right side, recover on left  
7&8& hold, cross right over left, step back on left, step right to right side 9.00

### Cross, side, rock back recover turn $\frac{1}{4}$ left, triple turn left, anchor step

- 1, 2 Cross left over right, step right to right side  
3&4 rock left behind right, recover on right, step forward on left turning  $\frac{1}{4}$   
5&6 step back on right turn  $\frac{1}{2}$  to left, step forward on left turn  $\frac{1}{2}$  to left, step forward on right  
7&8 rock back on left, recover on right, rock back on left 6.00

### Back, turn $\frac{1}{2}$ left, mambo step, back, rock recover, hold, cross back side

- 1, 2 Step back on right, turn  $\frac{1}{2}$  to left stepping forward on left  
3&4 rock forward on right, recover on left, step right back  
5, 6& step back on left, rock right to right side, recover on left  
7&8& hold, cross right over left, step back on left, step right to right side 12.00

### Rock forward recover, coaster step, step turn $\frac{1}{2}$ left, triple turn left

- 1, 2 Rock forward on left, recover on right,  
3&4 step back on left, step right next to left, step left forward  
5, 6 step forward on right, turn  $\frac{1}{2}$  to left stepping forward on left,  
7&8 Step back on right turning  $\frac{1}{2}$  to left, step forward on left turning  $\frac{1}{2}$  to left, step right forward  
6.00

### Step turn $\frac{1}{4}$ right, mambo step, coaster step, forward, step turn $\frac{1}{4}$ left

- 1, 2 Step forward on left, turn  $\frac{1}{4}$  to right stepping forward on right,  
3&4 step left forward, recover on right, step left back  
5&6 step right back, step left next to right, step right forward  
&7, 8 step forward on ball of left, step forward on right, turn  $\frac{1}{4}$  left stepping left to left, 6.00

## B: 40 counts

### Step turn $\frac{1}{4}$ left, step turn step left, triple turn right, mambo step

- 1, 2 Step right forward, turn  $\frac{1}{4}$  to left stepping left to left side  
3&4 Step forward on right, turn  $\frac{1}{2}$  to left stepping forward on left, step forward on right  
5&6 step back on left turn  $\frac{1}{2}$  to right, step forward on right stepping  $\frac{1}{2}$  to right, step forward on left  
7&8 rock forward on right, recover on left, step back on right 9.00

**Rock and cross, side behind side, cross rock, recover, ¼ turn left, triple turn left**

1&2 Rock left to left side, recover on right, cross left over right  
3&4 step right to right side, step left behind right, step right to right side  
5&6 cross left over right, recover on right, turn ¼ to left stepping forward on left  
7&8 turn ½ to left stepping back on right, turn ½ to left stepping forward on left, step forward on right 6.00

**Mambo turn ¼ left, cross shuffle, rock turn ¼ left, recover, coaster step**

1&2 rock forward on left, recover on right, turn ¼ to left stepping left to left side  
3&4 cross right over left, step left to left side, cross right over left  
5, 6 turn ¼ to left rocking forward on left, recover on right,  
7&8 step back on left, step right next to left, step left forward, 12.00

**Restart here in the third B**

**Shuffle forward, rock and cross turn ¼ right, turn ¼ left, turn ½ left, forward, Shuffle forward**

1&2 step right forward, step left next to right, step right forward  
3&4 rock left forward, recover on right turning ¼ to right, cross left over right  
5&6 step back on right turn ¼ left, step forward on left turn ½ left, step forward on right  
7&8 step left forward, step right next to left, step left forward 6.00

**Walk forward right, left, anchor step, sailor step, cross unwind ½ turn**

1, 2 walk right forward, walk left forward  
3&4 rock back on right, recover on left, rock back on right  
5&6 step left behind right, step right to right, step forward on left,  
7, 8 cross right over left, unwind ½ turn to left weights on left, 12.00

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