

# Heart of Courage

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Gordon Elliott (AUS) - March 2013

Music: Heart of Courage - Amy Douglas : (Album: Heart Of Courage)



Choreographed for the Sydney Line Dance Ball in aid of Ronald McDonald House.

Original Position: Feet Together Weight On The Left Foot.

This dance is done in TWO directions. Introduction: On word "Moments"

## ACROSS, ROCK-1/4 FORWARD-QUICK PIVOT-1/4 SIDE BEHIND-SIDE-ACROSS, SIDE-1/4 TURN-FORWARD

1, 2 Step R Across In Front Of Left, Rock Onto L,  
& Turn 90deg Right Step R Forward,  
3 & Pivot : Step L Forward, Turn 180deg Right Take Weight Onto R,  
4 Turn 90deg Right Step L To The Side,  
5 & 6 Step R Behind Left, Step L To The Side, Step R Across In Front Of Left,  
7 & 8 Step L To The Side, Turn 90deg Right Step R Forward, Step L Forward. (3.00) #

## 1/2 BACK-1/2 FORWARD-FORWARD, FORWARD-TOGETHER-BACK-TOGETHER, QUICK PADDLE-ACROSS, 1/4 BACK-1/2 FORWARD-1/4 SIDE

1 & Turn 180deg Left Step R Back, Turn 180deg Left Step L Forward,  
2 Step R Forward,  
3 & Step L Forward, Step R Together,  
4 & Step L Back, Step R Together,  
5 & Paddle : Step L Forward, Turn 90deg Right Take Weight Onto R,  
6 Step L Across In Front Of Right,  
7 & Turn 90deg Left Step R Back, Turn 180deg Left Step L Forward,  
8 Turn 90deg Left Step R To The Side. (6.00)

## BACK-ROCK-1/4 BACK-1/2 FORWARD-QUICK PADDLE-ACROSS, SCISSOR STEP, SIDE-1/4 TOGETHER-FORWARD

1 & Step L Back, Rock Forward Onto R,  
2 & Turn 90deg Right Step L Back, Turn 180deg Right Step R Forward,  
3 & Paddle : Step L Forward, Turn 90deg Right Take Weight Onto R,  
4 Step L Across In Front Of Right, ##  
5 & 6 Step R To The Side, Step L Together, Step R Across In Front Of Left,  
7 & 8 Step L To The Side, Turn 90deg Right Step R Together, Step L Forward. (9.00)

## FORWARD, ROCK, 1/2 FORWARD-1/2 BACK-BACK-HOOK, FORWARD-1/2 BACK-1/2 FORWARD, QUICK PADDLE-ACROSS-SIDE

1, 2 Step R Forward, Rock Back Onto L,  
3 & Turn 180deg Right Step R Forward, Turn 180deg Right Step L Back,  
4 & Step R Back, Hook L Heel To Right Shin,  
5 & Step L Forward, Turn 180deg Left Step R Back,  
6 Turn 180deg Left Step L Forward,  
7 & Step R Forward, Turn 90deg Left Take Weight Onto L,  
8 & Step R Across In Front Of Left, Step L To The Side. (6.00) \*\*

[32] REPEAT THE DANCE IN NEW DIRECTION

TAG : At the END ( \*\* ) of WALL 1 (BACK) & WALL 4 (BACK) add the following tag

1, 2 STEP R ACROSS IN FRONT OF LEFT, ROCK BACK ONTO L,

**RESTART 1 : On WALL 3 & WALL 6 dance to BEAT 8 ( # ) then  
TURN 90deg LEFT and RESTART to the FRONT.**

**RESTART 2 : On WALL 7 dance to BEAT 20 ( ## ) and RESTART to the BACK.**

**Contact: 02 9550 6789 - Website: [www.dancewithgordon.com](http://www.dancewithgordon.com)**

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