

Stand

Count: 32

Wall: 4

Level: Beginner

Choreographer: Janie Pitser (USA) - March 2013

Music: Stand (The Voice Performance) - Cassadee Pope : (iTunes)



Intro: 16 counts

SIDE LEFT, ROCK BACK RECOVER, RIGHT SHUFFLE 1/4 RIGHT, CROSS LEFT OVER RIGHT, BACK LOCK STEP

- 1 Step left side
- 2-3 Rock right back, recover to left
- 4&5 Shuffle 1/4 to the right, stepping right-left-right
- 6-7 Cross left over right, step back on right
- 8&1 Lock step back, left-right-left

BACK ROCK RECOVER, SHUFFLE 1/2 LEFT, WALK, WALK, LEFT COASTER STEP

- 2-3 Rock right back, recover to left
- 4&5 Shuffle 1/2 to the left, stepping right-left-right
- 6-7 Walk back left-right
- 8&1 Left steps back, right together, left forward

PIVOT 1/4 TO LEFT, RIGHT SAILOR STEP, SWAY, SWAY, LEFT SIDE SHUFFLE

- 2-3 Turn 1/4 left, stepping right-left
- 4&5 Cross right behind left, step left to left side, step right to right side
- 6-7 Sway left, sway right
- 8&1 Left side shuffle, stepping left-right-left

CROSS RIGHT OVER LEFT, TURN 1/4 RIGHT, RIGHT LOCK STEP BACK, BACK ROCK RECOVER, LEFT SIDE SHUFFLE

- 2-3 Cross right over left, turn 1/4 right stepping back on left
- 4&5 Lock step back, right-left-right
- 6-7 Rock left back, recover right
- 8&1 Left side shuffle, stepping left-right-left

Repeat

Restart: During the 3rd wall, restart the dance after 16 counts.

Contact: pitts96@aol.com
