Red Is The Rose

Count: 32

Level: Ultra Beginner

Choreographer: Russell Breslauer (USA) - March 2013

Music: Red Is the Rose - The Chieftains & Nanci Griffith

SIDE TOGETHER LIFTS (RIGHT AND LEFT)

- 1-4 Step right to side, left next to right, right to side, lift left (behind right calf),
- 5-8 Step left to side, right next to left, left to side, lift right (behind left calf)

SIDE TOGETHER LIFTS (RIGHT AND LEFT)

- 1-4 Step right to side, left next to right, right to side, lift left (behind right calf),
- 5-8 Step left to side, right next to left, left to side, lift right (behind left calf)

FORWARD

- 1-4 Step forward right, left together, right, lift left forward
- 5-8 Step forward left, right together, left, lift right (behind left calf)

BACK

- 1-4 Step back right, left together, right, lift left backward
- 5-8 Step back left, right together, left, lift right (behind left calf)

REPEAT

There is a Restart after the instrumental 16 steps, but the dance can be done without a Restart.

Contact: BreslauerDanceSF@yahoo.com





Wall: 1

1