

# Life Is Good

**COPPER** KNOB  
BY STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: David Sinfield (UK) - February 2013

Music: Life is Good - Gord Bamford : (iTunes)



## **TOE HEEL CROSS, TOE HEEL CROSS, COASTER, STEP PIVOT STEP**

1&2 Touch right toe to left instep, dig right heel down, cross right over left  
3&4 Touch left toe to right instep, dig left heel down, cross left over right  
5&6 Step right back, step left beside right, step right forward  
7&8 Step left forward, pivot ½ turn right, step left forward

## **SCISSOR STEP, CHASSE LEFT, TOUCH, SCISSOR STEP, CHASSE LEFT**

1&2 Step right to right, step left beside right, cross right over left  
3&4& Step left to left, close right beside left, step left to left, touch right beside left  
5&6 Step right to right, step left beside right, cross right over left  
7&8 Step left to left, close right beside left, step left to left

## **ROCK ¼ TURN STEP, STEP PIVOT STEP, STEP LOCK STEP, KICK BALL STEP**

1&2 Rock forward right, replace weight onto left , step right into ¼ turn right  
3&4 Step forward left, pivot ½ turn right, step forward left  
5&6 Step forward right, lock left behind right, step forward right  
7&8 Kick left forward, step left down, step right forward

## **STEP PIVOT STEP, STEP LOCK STEP, KICK BALL CHANGE, COASTER STEP**

1&2 Step left forward, pivot ½ turn right, step left forward,  
3&4 Step right forward, lock left behind right, step right forward  
5&6 Kick left forward, step left down, step right beside left  
7&8 Step left back, step right beside right, step forward left

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