

# Broken Hearted MaMa

Count: 32

Wall: 2

Level: Improver / Intermediate

Choreographer: Tony Myers (UK) - February 2013

Music: Mama's Broken Heart - Miranda Lambert



## 16 Count intro

### Side, Scuff : Turn, Touch : & Cross, Side : Sailor ¼ Turn

- 1 2 Step right to side (1) Scuff left next to right (2)  
3 4 Turn ¼ left forward on left (3) Touch right next to left (4) (9:00)  
&56 Step slightly back on right (&) Cross left over right (5) Step right to right side (6)  
7&8 Step left behind right (7) Turn ¼ left stepping back on right (&) Step left to left side (8) (6:00)

### Cross, Side : Rock Back & Heel : & Rock Recover : ¾ Run

- 1 2 Cross right over left (1) Step left to left side (2)  
3&4 Rock right behind left (3) Recover weight on left (&) Dig right heel forward to right diagonal (4)  
&56 Step right next to left (&) Rock forward on left (5) Recover weight on right (6)  
7&8 Turning ¾ left run Left (7) Right (&) Left (8) (9:00)

### Step, Lock, Step : Step, Lock, Step : Mambo Turn : Rock Recover

- 1&2 Step right forward to right diagonal (1) Lock left behind right (&) Step forward on right (2)  
3&4 Step left forward to left diagonal (3) Lock right behind left (&) Step forward on left (4)  
5&6 Straighten to side wall (9:00) & rock forward on right (5) Recover weight on left (&) Turn ½ right stepping forward on right (6) (3:00)  
7 8 Rock forward on left (7) Recover weight on right (8)

### Coaster Step : Rock & Turn : Kick. Ball, Cross : Side Chasse

- 1&2 Step back on left (1) Step right with left (&) Step forward on left (2)  
3&4 Rock right over left (3) Recover weight on left (&) Turn ¼ right stepping right forward (4) (6:00)  
5&6 Kick left forward (5) Step down on left (7) Cross right over left (6)  
7&8 Step left to side (7) Step right with left (&) Step left to side (8)

**(ON WALL 1 ONLY. STAMP LEFT FORWARD ON COUNT 7 & HOLD FOR COUNT 8)**

### TAG. At the end of Walls 3 & 6 add the following counts

#### Rock & Side : Rock & Side : Shuffle Turn : Step Turn Step : Box Step

- 1&2 Rock right over left (1) Recover weight on left (&) Step right to side(2)  
3&4 Rock left over right (3) Recover weight on right (&) Step left to side(4)  
5&6 Turn ¼ right on right (5) Step left with right (&) Turn ¼ right step forward on right (6)  
7&8 Step forward on left (7 Pivot ½ turn right (&) Step forward on left (8)  
1 2 Cross right over left(1) Step back on left (2)  
3 4 Step right to side (3) Step left forward (4)

### On wall 7 the music stops after 16 counts (9:00) during this pause do the following:-

- 1 2 Turn ¼ right forward on right (1) Point left to side (2)  
3 4 Step forward on left (3) Point right to side (4)  
5 6 Turn ¼ right forward on right (5) Point left to side (6)  
7 8 Turn ¼ right forward on left (7) Point right to side (8)

**You will be facing 6:00 start again from beginning on the word 'Going'**

### Wall 8 ( last wall) Dance the Tag twice

