

# Full Throttle, Wide Open

**COPPER** **NOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Sandy Goodman (USA) - January 2013

Music: The Only Way I Know (with Luke Bryan & Eric Church) - Jason Aldean



Start on lyrics - 32 count intro.

## Right Heel Front-Recover-Side-Recover, Brush, Hitch, Step Side, Left Heel Forward-Recover-Side-Recover, Hitch, Step Side

- 1&2& Right heel fwd. (1), Recover on Left (&), Right heel side right (2), Recover on Left (&)  
3 & 4 Brush Right forward (3), Hitch Right up (&), Step Right side right (4)  
5&6& Left heel fwd. (5), Recover on Right (&), Left heel side left (6), Recover on Right (&)  
7 & 8 Brush Left forward (7), Hitch Left up (&), Step Left side left (8)

## Right Mambo Forward, Run Back (x3), Right Coaster Step, Left Shuffle Forward

- 1 & 2 Rock Right forward (1), Recover on Left (&), Step Right back (2)  
3 & 4 Run back - Left (3), Right (&), Left (4)  
5 & 6 Step Right back (5), Step Left beside right (&), Step Right forward (6)  
7 & 8 Step Left forward (7), Step Right beside left (&), Step Left forward (8) 12:00

## ¼ Turn Hip Bumps, ½ Turn Hip Bumps, Cross Rock Forward-Recover, Rock Side-Recover, Cross Rock Back-Recover, Step Side

- 1 & 2 (Making a ¼ turn left) - Bump hips Right (1), Left (&), Right (2) 9:00  
3 & 4 (Making a ½ turn left) - Bump hips Left (3), Right (&), Left (4) 3:00  
5&6& Cross Rock Right over left (5), Recover on Left (&), Rock Right side right (6), Recover on Left (&)  
7 & 8 Cross Rock Right behind left (7), Recover on Left (&), Step Right side right (8)

## Cross Rock Forward-Recover, Rock Side-Recover, Cross Rock Back-Recover, Step Side, Step Forward Right - Left, Two Count Hip Roll CCW (or body roll)

- 1&2& Cross Rock Left over right (1), Recover on Right (&), Rock Left side left (2), Recover on Right (&)  
3 & 4 Cross Rock Left behind right (3), Recover on Right (&), Step Left side left (4)  
5 - 6 Step forward Right (5), Step forward Left (6)  
7 - 8 Roll hips CCW for 2 counts (7-8) Option: 2 count body roll.

Begin Again!!!!

## #1 Tag: (Wall 3, facing 6:00)

### Side Shuffle Right, Skate Left-Right, Side Shuffle Left, Skate Right-Left

- 1 & 2 Step Right side right (1), Step Left beside right (&), Step Right side right (2)  
3 - 4 Skate Left (3), Skate Right (4)  
5 & 6 Step Left side left (5), Step Right beside left (&), Step Left side left (6)  
7 - 8 Skate Right (7), Skate Left (8)

## #2 Tag: (5th Wall , facing 12:00)

### Side Shuffle Right, Skate Left-Right, Side Shuffle Left, Skate Right-Left

- 1 & 2 Step Right side right (1), Step Left beside right (&), Step Right side right (2)  
3 - 4 Skate Left (3), Skate Right (4)  
5 & 6 Step Left side left (5), Step Right beside left (&), Step Left side left (6)  
7 - 8 Skate Right (7), Skate Left (8)

## Point Forward, Step Back, Walk Back (x2), Coaster Step, Shuffle Forward

- 1 - 2 Point Right forward (1), Step back on Right (2)  
3 - 4 Walk back Left (3), Walk back Right (4) Option: You may do mashed potatoes instead. (&3&4)  
5 & 6 Step Left back (5), Step Right beside left (&), Step Left forward (6)  
7 & 8 Step Right forward (7), Step Left beside right (&), Step Right forward (8)

**Side Shuffle Left, Skate Right-Left, Side Shuffle Right, Skate Left-Right**

- 1 & 2 Step Left side left (1), Step Right beside left (&), Step Left side left (2)  
3 - 4 Skate Right (3), Skate Left (4)  
5 & 6 Step Right side right (5), Step Left beside right (&), Step Right side right (6)  
7 - 8 Skate Left (7), Skate Right (8)

**Point Forward, Step Back, Walk Back (x2), Coaster Step, Shuffle Forward**

- 1 - 2 Point Left forward (1), Step back on Left (2)  
3 - 4 Walk back Right (3), Walk back Left (4) Option: You may do mashed potatoes instead. (&3&4)  
5 & 6 Step Right back (5), Step Left beside right (&), Step Right forward (6)  
7 & 8 Step Left forward (7), Step Right beside left (&), Step Left forward (8)

**#3 Tag: ( 6th Wall, facing 3:00)**

**Drop the first 8 counts of the dance and add this 8 count tag, then continue the rest of the dance (2nd, 3rd & 4th sets of 8)**

**Step Forward Right-Left, 2 Count CCW Hip Roll (x2)**

- 1 - 4 Step forward Right (1), Left (2), CCW hip roll for 2 counts (3-4)  
5 - 8 Step forward Right (5), Left (6), CCW hip roll for 2 counts (7-8)

**Ending: (7th wall, facing 6:00)**

**Repeat #1 Tag (x2....on the last time drop the skate, skate and replace with a step forward Right, ½ turn left to face the front wall (12:00) and pose. Ta Da!!**

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