

# B.H.M.F

Count: 64

Wall: 2

Level: (Fast) Intermediate

Choreographer: Tony Myers (UK) - December 2012

Music: Blondes (Have More Fun) - Rod Stewart



## Intro 80 Counts from start of instrumental, start on vocals

### Side, Hold: Rock, Recover: Turn, Hold: Side, Slide

- 1 2 Step right to side (1) Hold (2)
- 3 4 Rock left behind right (3) Recover weight on right (4)
- 5 6 Turn  $\frac{1}{4}$  left stepping forward on left (5) Hold (6) (9:00)
- 7 8 Step right to right side (7) Slide left towards right (8)

### Cross, Hold: Point, Turn: Turn, Hold: Step, Pivot

- 1 2 Cross left over right (1) Hold (2)
- 3 4 Point right to side (3) Turn  $\frac{1}{2}$  right stepping on to right (4) (3:00)
- 5 6 Turn  $\frac{1}{4}$  left stepping forward on left (5) Hold (6) (12:00)
- 7 8 Step forward on right (7) Pivot  $\frac{1}{2}$  turn left (8) (6:00)

### Rock, Recover: Turn, Hold: Pivot Turn

- 1 2 Rock forward on right (1) Recover weight on left (2)
- 3 4 Turn  $\frac{1}{2}$  right stepping forward on right (3) Hold (4) (12:00)
- 5 6 Step forward on left (5) Pivot  $\frac{1}{4}$  turn right (6) (3:00)
- 7 8 Cross left over right (7) Hold (8)

### Side, Cross: Turn, Hold: Turn, Hold: Rock, Recover

- 1 2 Step right to side (1) Cross left over right (2)
- 3 4 Turn  $\frac{1}{4}$  left stepping back on right (3) Hold (4) (12:00)
- 5 6 Turn  $\frac{1}{4}$  left stepping left to side (5) Hold (6) (9:00)
- 7 8 Rock right over left (7) Recover on left (8) # Wall 4 & 8 Tag & Restart 1 & 3

### Side, Hold: Cross Rock, Recover: Side, Hold: Rock Back, Recover

- 1 2 Step right to right side (1) Hold (2)
- 3 4 Rock left over right (3) Recover weight on right (4)
- 5 6 Step left to left side (5) Hold (6)
- 7 8 Rock right behind left (7) Recover weight on left (8)

### Turn, Hold: Touch Back, Turn: Step, Hold: Touch, Step Back

- 1 2 Turn  $\frac{1}{4}$  right stepping forward on right (1) Hold (2) (12:00)
- 3 4 Touch left toes back (3) Turn  $\frac{1}{2}$  left stepping weight onto left (4) (6:00)
- 5 6 Step forward on right (5) Hold (6)
- 7 8 Touch left behind right (7) Step back on left (8) ## Wall 5 Restart 2

### Toe, Heel: Step, Slide: Toe, Heel: Step, Slide

- 1 2 Touch right toes to left instep (1) Touch right heel to left instep (2)
- 3 4 Step right to right side (3) Slide left toward right (4)
- 5 6 Step left to left side (7) Slide right toward left (8)
- 7 8 Touch right toes to left instep (7) Touch right heel to left instep (8)

### Step, Together: Back, Hold: Step, Together: Forward, Hold

- 1 2 Step right to right side (1) Step left next to right (2)
- 3 4 Step back on right (3) Hold (4)

5 6 Step left to left side (5) Step right next to left (6)  
7 8 Step forward on left (7) Hold (8)

**#Tag & Restarts 1 & 3 on walls 4 & 8. After count 32 Dance this 4 count Tag & Start again from beginning (Facing 12:00)**

1 2 Step forward on right (1) Pivot ¼ turn left (2)  
3 4 Walk forward on right (3) Walk forward on left (4)

**## Restart 2. On wall 5 after count 48 start again from beginning (Facing 6:00).**

**Fast but not too tricky. Enjoy.**

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