

# Shake Your Groove Thing

**COPPER** **KNOB**  
BY STEPHEN METZ

**Count:** 32

**Wall:** 2

**Level:** Improver

**Choreographer:** Gilbert Vianzon (USA) - November 2012

**Music:** Shake Your Groove Thing - Peaches & Herb



**Introduction: 32 counts intro**

**(Section 1) □ Cross Rock, Chasse, Vine to Right, ¼ Turn Right**

- 1-2 Cross rock RF diagonally towards left, replace with LF
- 3&4 Chasse to the right : step right to side, left next to right, step right to side
- 5-8 Cross LF over RF, step RF to right, step LF behind RF, step RF forward making ¼ turn right

**(Section 2) □ ½ Turn Right, Forward Shuffle Left, Kick Ball Change 2X**

- 1-2 Step forward LF, ½ pivot turn right, step forward RF
- 3&4 Forward shuffle left: step forward left, right foot next to left, step forward left
- 5&6 Kick forward RF, step on ball of feet RF, step down on left foot
- 7&8 Kick forward RF, step on ball of feet RF, step down on left foot

**(Section 3) □ Forward Shuffle, 1/4 Turn Left Shuffle 3X**

- 1&2 Forward shuffle R L R
- 3&4 1/4 turn left and shuffle L R L
- 5&6 ¼ turn left and shuffle, R L R
- 7&8 ¼ turn left and shuffle L R L

**(Section 4) □ Sway Right, Left, Right, Left, Paddle Turn Left**

- 1-4 Slightly bend knees and sway to Right, Left, Right, Left
- 5-8 Step forward RF , ¼ turn left putting weight on the ball of RF, step LF in place 2X

**START AGAIN.**

**Bridge: On Wall 1, dance to count 24. Add**

- 1-4 Sway to Right, Left, Right, Left

**Proceed with counts 25-32**

**Contact:** [rolando.ansano@gmail.com](mailto:rolando.ansano@gmail.com)

**Last Update - 21st Aug 2016**

---