Spread A Little Happiness

Level: Beginner

Choreographer: Rosalee Musgrave (USA) - September 2012

Music: Spread A Little Happiness by Studio 99

Alt. music:-

(Spread A Little Happiness by The Hit Company or Sting) Ac-cent-tu-ate The Positive by Willie Nelson

Introduction: 32 beats

Count: 32

RIGHT HEEL, LEFT HEEL, RIGHT ROCKING CHAIR

- 1 4Touch right heel forward, step on right, touch left heel forward, step on left
- 5 8 Rock right forward, recover back on left, rock right back, recover forward on left

CROSS TOE STRUT, SIDE TOE STRUT, CROSS ROCK, RECOVER BACK, TURN ¼ RIGHT, HOLD

- 1 2 Toe strut to left side crossing right toe over left, drop right heel
- 3 4 Moving left, toe strut touching left toe side, drop left heel
- 5 6Cross rock right over left, recover back on left
- 7 8 Turning ¼ right stepping side on right, hold (3:00)

WEAVE LEFT, LEFT SCISSORS

- Step left to left side, cross right behind left, step left to left side, cross right in front of left 1 - 4(3:00)
- 5 8 Step left to left side, close right together beside left, cross left over right, hold

BOX WITH HOLDS

- 1 2Step right to right side, close left beside right (3:00)
- 3 4 Step back on right, hold
- 5 6 Step left to left side, close right beside left
- 7 8 Step forward on left, hold

Smile!! Be Happy!! & Repeat

Dance will end on 6:00 wall. To end facing 12:00, start dance from beginning:

1 – 4 Touch right heel forward, step on right, touch left heel forward, step on left turning 1/2 right pointing right forward





Wall: 4