

Mr Postman

COPPER KNOB
BY STEPHEN METZ

Count: 32

Wall: 2

Level: Easy Beginner

Choreographer: Terri Lineberry (USA) - July 2012

Music: Please Mr. Postman - Carpenters : (CD: Horizons - iTunes)



Begin on lyrics: 16 count intro

HEEL FORWARD, HEEL HOOK, HEEL TOGETHER, TRIPLE RIGHT FORWARD

- 1-2 Touch right heel forward, hook right across left
- 3-4 Touch right heel forward, flick right to right
- 5-6 Step right forward, step left to right
- 7-8 Step right forward, scuff left beside right

HEEL FORWARD, HEEL HOOK, HEEL TOGETHER, TRIPLE LEFT FORWARD

- 1-2 Touch left heel forward, hook left across right
- 3-4 Touch left heel forward, flick left to left
- 5-6 Step left forward, step right to left
- 7-8 Step left forward, scuff right beside left

TOE STRUT JAZZBOX ¼ TURN RIGHT

- 1-2 Step right toe across left, down on right heel
- 3-4 Step left toe back ¼ turn right, down on left heel
- 5-6 Step right toe to right, down on right heel
- 7-8 Step left toe forward, down on left heel

TOE STRUT JAZZBOX ¼ TURN RIGHT

- 1-2 Step right toe across left, down on right heel
- 3-4 Step left toe back ¼ turn right, down on left heel
- 5-6 Step right toe to right, down on right heel
- 7-8 Step left toe forward, down on left heel

REPEAT AGAIN
