

Blink of An Eye

Count: 32

Wall: 3

Level: Intermediate

Choreographer: Alison Metelnick (UK) & Peter Metelnick (UK) - June 2012

Music: 30 Minute Love Affair - Paloma Faith : (CD: Fall To Grace - 3:20)



Start after the a cappella opening and 16 heavy beat intro. (You never Start the dance facing L side wall)

[1-9] R fwd, L side rock/recover, L behind, ¼ R & R fwd, L fwd, R fwd rock/recover, ½ R cha

1-3 Step R forward, rock L side, recover weight on R

4&5 Cross step L behind R, turning ¼ right step R forward, step L forward (3 o'clock)

6-7 Rock R forward, recover weight on L

8&1 Turning ½ right step R forward, step L together, step R forward (9 o'clock)

[10-17] L fwd, ¼ R pivot, L cross cha, ½ L hinge turn, ½ L chase turn

2-3 Step L forward, pivot ¼ right (weight on R) (12 o'clock)

4&5 Cross step L over R, step R side, cross step L over R

6-7 Turning ¼ left step R back, turning ¼ left step L forward (6 o'clock)

8&1 Step R forward, pivot ½ left, step R forward (12 o'clock)

Non-turning option 6-7-8&1: Step R side, step L together, step R side, step L together, step R fwd

[18-25] L fwd rock/recover, turn ½ L & cha forward, L full turn fwd, R cha forward

2-3 Rock L forward, recover weight on R

4&5 Turning ½ left step L forward, step R together, step L forward (6 o'clock)

6-7 Turning ½ left step R back, turning ½ left step L forward (6 o'clock)

Non-turning option 6-7: step R forward, step L forward

8&1 Step R forward, step L together, step R forward

[26-32] L fwd rock/recover, L back lock step, ½ R, ¼ R, R coaster (1st 2 steps only, count 1 of section 1 finishes the coaster)

2-3 Rock L forward, recover weight on R

4&5 Step L back, lock R over L, step L back

6-7 Turning ½ right step R forward, turning ¼ right step L side (3 o'clock)

8& Step R back, step L together

EZ EXTRAS:-

RESTARTS: Each time you face the back wall dance ONLY the first 24 counts which will bring you to the front wall and restart the dance (12 o'clock)

TAG: At end of wall 7 facing R side wall (3 o'clock): add the following 4 counts during the break in the music and begin dance again

1-4 Sway R, L, R, L

ENDING & BIG FINISH: Dance the following counts:

1-3 Step R forward, rock L side, recover weight on R

4&5 Cross L behind R, step R to R side, place L forward striking a pose! (12 o'clock)

Contact: Tel: 01462 735778 - Website: www.thedancefactoryuk.co.uk