

# Overwhelmed

**COPPER KNOB**  
STEPPED SHEETS

**Count:** 32

**Wall:** 4

**Level:** Low Intermediate

**Choreographer:** Lisa M. Johns-Grose (USA) - April 2012

**Music:** What Makes You Beautiful - One Direction



## **R FRONT - L SIDE – R SAILOR – L FRONT – R SIDE – L SAILOR ¼ L**

- 1-2 Right across left, left to left
- 3&4 Right behind left, left to left, right to right
- 5-6 Left across right, right to right
- 7&8 Left behind right making ¼ turn left, right to right, left to left

## **R ROCK FWD – L ROCK BACK – R COASTER – L ROCK FWD – R ROCK BACK – L SHUFFLE ¼ L**

- 1-2 Rock right forward, recover back left
- 3&4 Step right back, left next to right, right forward
- 5-6 Rock left forward, recover back right
- 7&8 Shuffle left, right, left to left side, making ¼ turn left

## **CROSS ROCK R – REC L – SHUFFLE R SIDE- L FRONT – R SIDE- L BEHIND, R SIDE, L ACROSS**

- 1-2 Cross rock right over left, recover back left
- 3&4 Shuffle right, left, right to right side
- 5-6 Left across right, right to right
- 7&8 Left behind right, right to right, left across right

## **R SIDE - HOLD – & L TOG – R SIDE – TOUCH L – L TURN ¼ - R TURN ½ - ½ SHUFFLE L, R, L**

- 1-2 & Step right to right, hold, left together
- 3-4 Right to right, touch left next to right
- 5-6 Step left ¼ left, step right ½ left
- 7&8 Shuffle left, right, left making ½ turn left.

**BEGIN AGAIN !**

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