

# 2 AM Shuffle

Count: 32

Wall: 4

Level: High Beginner / Easy Intermediate

Choreographer: Dianne Bishop (CAN) & Gloria Kirchner (CAN) - April 2012

Music: Oh Lonesome You - Trisha Yearwood : (CD: Hearts In Armor)



Start on Vocals, 14 Counts from downbeat

## CROSS SHUFFLES, ROCK RECOVER

- 1&2 Cross left over right, step side right, cross left over right  
3-4 Rock side on right, recover on left  
5&6 Cross right over left, step left side left, cross right over left  
7-8 Rock side left, recover on right

## SHUFFLE FORWARD, ½ TURN PIVOT, ¼ TURN SIDE SHUFFLE, ROCK RECOVER

- 9&10 Shuffle forward LRL  
11-12 Touch R toe forward, pivot ½ turn L, Keeping weight on L  
13&14 Turn ¼ turn L, as you side shuffle RLR  
15-16 Rock back on L, recover on R

## SIDE SHUFFLE, ROCK RECOVER ¼ TURN, 360 SPIN TURN, SHUFFLE

- 17&18,19, 20 Side shuffle LRL, Rock back on R making a ¼ turn right, recover on L  
21-22 Stepping forward on R, spin 360 left on ball of R foot, step forward L  
23&24 Shuffle forward RLR

## HEEL SWITCHES, BALL CROSS ROCK, ¼ TURN SHUFFLE, SHUFFLE

- 25&26 Place L heel forward, quickly step down on L and place R heel forward  
&27-28 Quickly step down on R, cross left over R, rock side R  
29&30 Turn ¼ left as you shuffle forward LRL  
31&32 Shuffle forward RLR

Repeat,

**TAG: After second time through, facing back wall, add TAG**

## JAZZ BOXES

- 1-4 Cross L over R, step back R, Step side L, step together with R  
5-8 Repeat counts 1-4

## NOTE:

This dance can also be done to Neal McCoy's – The City Put The Country Back In Me (CD: Greatest Hits)  
If this song is used there is no tag.