

# He's So Shy

Count: 160

Wall: 1

Level: Phrased High Intermediate

Choreographer: Nancy Lee (MY) - April 2012

Music: He's So Shy - The Pointer Sisters



Intro : 32 Count - Sequence : A / TAG A/ B / TAG B / A / TAG A / B ( Short- 56 ) / C / B / TAG B/ A(8)

## Part A – 64 Count

### Section A1: [1-8] Toe Strut (cross) Travelling Forward

- 1-2 Cross touch R Toe over left, drop right heel to take weight
- 3-4 Cross touch L Toe over Right, drop L heel to take weight
- 5-6 Repeat 1-2
- 7-8 Repeat 3-4

### Section A2: [9-16] Monterey ¼ Turn Right(Modified), Kick Ball Step, Monterey ¼ Turn Left (Modified ), Kick Ball Cross

- 1-2 Touch R to R ( weight on L ), ¼ R turn Step down R beside L
- 3&4 L kick Ball Step ( 3:00)
- 5-6 Touch L to L ( weight on R ), ¼ L turn Step down L beside R
- 7&8 R Kick Ball Cross ( 12: 00 )

### Section A3: [17-24] Cross Point R, Point R to R , Step R ,Cross Point L, Point L to L, Step L

- 1-2-3-4 Cross Point R over L, Point R to R, Cross Point R over L, Step down R to R
- 5-6-7-8 Cross Point L over R, Point L to L, Cross Point L over R, Step down L to L

### Section A4: [25-32] Prissy Walks R L, ¼ L turn , step R to side, Step L together, Kick R Forward, Touch R Behind L, R Shoulder Rolls

- 1-2-3-4 Cross Walks, R , L, ¼ turn L , step R to side , step L together ( 9:00)
- 5-6-7-8 Kick R Fwd, Touch R behind L, R shoulder Rolls (7,8) ( from front to back ) \* Look Right while shoulder rolls.

### Section A5: [33-40] REPEAT Section 1 ( facing 9:00)

### Section A6: [41-48] REPEAT Section 2 (facing 9:00)

### Section A7: [49-56] REPEAT Section 3 (facing 9:00)

### Section A8: [57-64] Prissy Walks, R L R L, Kick R Forward, Touch R Behind L, R Shoulder Rolls

- 1-2-3-4 Cross Walks RLRL,
- 5-6-7-8 Kick R Fwd, Touch R behind L, R shoulder Rolls (7,8) ( from front to back ) \* Look Right with R shoulder rolls.

### TAG ( A )– 4 Count- Jazz Box ¼ R Turn

- 1-2 Cross step right over left, step back on left
- 3-4 Turn ¼ right stepping right to right side, Touch left to L side ( 12:00)

## Part B - ( 64 Count )

### Section B1: [1-8] Cross Unwind ½ turn R, Chest Pump ,Chest Pump, Step Together

- 1-2 Cross L over R, unwind ½ turn R ( weight on L , sitting position)
- 3-4 Chest Pump twice , facing ( 8.30)
- 5-6 Chest Pump twice, facing ( 4.30 ) ( weight on R, sitting position)
- 7-8 Step L in place , Step R together L

### Section B2: [9-16] Sway Hip, Touch , Sway Hip, Touch

- 1-2 Step L to side, Sway hip to L, R touch out or lift hip slightly up
- 3-4 Step R to side, Sway hip to R, L touch out or lift hip slightly up
- 5-6 Repeat 1-2
- 7-8 Repeat 3-4

**Section B3: [17-24] Cross Touch, Touch to Side, Sailor Step, Cross Touch, Touch To Side, Sailor ½ turn R Fwd,**

- 1-2 Cross Touch L over R, Touch L to L side
- 3&4 L Sailor Step
- 5-6 Cross Touch R over L, Touch R to R side
- 7&8 Sailor ½ turn R Fwd (12:00)

**Section B4: [25-32] REPEAT Section 1**

**Section B5: [33-40] REPEAT Section 2**

**Section B6: [42-48] REPEAT Section 3**

**Section B7: [49-56] Touch Fwd, Back x 2, Touch Together Twist, Cross Step , Touch to Side**

- 1-2-3-4 Touch L Fwd ( slightly cross), touch L behind R , Repeat ( 1,2)
- 5-6 Touch L beside R & Twist ( on ball of R Foot )
- 7-8 Cross Step L over R, Touch R to R side

**Section B8: [57-64] R Step to side , Touch L , L Step To side, Touch R , ¼ Turn L, Step R To side , Touch L , L Step To Side, Touch R**

- 1-2 R Large Step To R Side, touch L beside R
- 3-4 L Large Step To L Side, touch R beside L
- 5-6 ¼ turn L, R Large Step To R side, touch L beside R ( 9:00)
- 7-8 L Large Step To L Side, touch R beside L

**TAG (B) – 4 Count – Jazz Box ¼ R Turn ( Basic )**

- 1-2 Cross step right over left, step back on left
- 3-4 Turn ¼ right stepping right to right side, Step left together R ( 12:00)

**Part C – ( 32 Count )**

**Section 1: [1-8] Side Touch x 4**

- 1-2-3-4 Step R to side, touch L beside R , Step L to side, touch R beside L
- 5-6-7-8 Repeat 1-2-3-4

**Section 2: [9-16] R Rolling Vine with Chest Pump, L Rolling Vine with Body Roll**

- 1-2-3-4 R Rolling Vine with chest pump,
- 5-6-7-8 L Rolling Vine with Body Roll

**( Note: You may just do a normal Rolling Vine )**

**Section 3: [17-24] Out Out, In In, Hip Rolls**

- 1-2-3-4 Step R out, Step L out, Step R In, Step L In
- 5-6-7-8 Hip Roll anticlockwise, weight end on L

**Section 4: [25-32] Out Out, In In, Hip Shake**

- 1-2-3-4 Step R out, Step L out, Step R In, Step L In
- 5-6-7-8 Hip Shakes/ Hip Shimmy – weight end on L

**(Note: For Section3 & 4, on count 5678, you may do anything you want !!! Enjoy !!! )**

**For Song & Step sheet, please contact: Email : swan9198@gmail.com**

**Last Revision - 18th April 2012**

