

# Euphoria

Count: 64

Wall: 4

Level: Phrased Intermediate / Advanced



Choreographer: Pat Stott (UK) & Ulla Engström (SWE) - March 2012

Music: Euphoria (Single Version) - Loreen : (Swedish entry to the Eurovision Song contest 2012)

Commence after 8 Counts on the word "Why", (4 seconds) - Sequence A BBA BBA (16 counts) B BB

## Part A – 32 counts

**Side right, rock back, recover, side left, rock back, recover, step, step, ½ pivot, turn, step, full turn**

- 1, 2& Step right to right, rock left behind right, recover on right
- 3, 4& Step left to left, rock right behind left, recover on left
- 5,6& Step forward on right, step forward on left, ½ pivot right transferring weight to right
- 7,8& Step forward on left, turn ½ left stepping back on right, turn ½ left stepping forward on left

**Side right, rock back, recover, side left, rock back, recover, step, step, ½ pivot turn, step, full turn**

- 1-8& Repeat section 1

**Restart here during 3rd sequence of "A"**

**Step forward to right diagonal, step forward, recover, step back, sweep into ¼ turning sailor step, step forward, rock forward, recover, side, cross, side**

- 1, 2& Right forward to right diagonal, left forward to right diagonal, recover onto right (1 0'clock)
- 3&4 &5 Step back on left, Sweep right round into right behind left turning ¼ right towards diagonal (5o'clock), step left to left, step forward on right
- 6, 7 & Step forward on left , step forward on right, recover on left (still facing (50'clock)
- 8&1 Step right to right (straightening up to 6o'clock), cross left over right on ball of foot, step right to right

**Step towards right diagonal, kick, behind, side, cross, lunge, recover, sailor ½ turn, cross**

- 2& Step forward on left towards right diagonal (7o'clock), kick right forward
- 3&4 Cross right behind left, square up to 6 o'clock and step left to left, cross right over left
- 5-6 Large lunge left to left, recover onto right
- 7&8 Sweep and cross left behind right, turn ½ turn left stepping right to right, cross left over right

## Section B – 32 counts

**Side, recover, cross shuffle, side, recover, cross shuffle**

- 1-2 Rock right to right, recover onto left
  - 3&4 Cross right over left, step left to left on ball of foot, cross right over left
  - 5-6 Rock left to left, recover onto right
  - 7&8 Cross left over right, step right to right on ball of foot, cross left over right
- (optional arms 1-4 : Push both arms up and round to the sides when she sings "Euphoria)**

**½ hinge turn left, cross shuffle, rock left to left, weave**

- 1-2 Turn ¼ left stepping back on right, turn ¼ left stepping left to left
- 3&4 Cross right over left, step left to left on ball of foot, cross right over left
- 5-6 Rock left to left, recover onto right
- 7&8 Weave to right – cross left behind right, right to right, cross left over right

**Point right to right, hold, close, point left to left, close, point right to right , cross right over left, back on left turning ¼ right, ball, cross, hitch**

- 1-2 Point right to right, hold
- &3 Close right to left, point left to left
- &4 Close left to right, point right to right

5-6 Cross right over left, turning  $\frac{1}{4}$  right step back on left  
&7,8 Step on ball of right to right, cross left over right, hitch right knee across left knee

**Bumps to right with arm movements, kick, jazz box, tap**

1&2&3&4 Bump hips right, left, right, left, right whilst slowly transferring weight from left to right, kick left to left diagonal (see below)

5-8 Cross left over right, step back on right, step left to left, tap right next to left

**Arm movements with the bumps – with palms facing forward**

1& Push right hand up, bring right hand down and push left hand up,

2& Bring left hand down and push right hand up, bring right hand down and push left hand up

3& Bring left hand down and push right hand up, bring right hand down, push left hand up

4 Bring left hand down and push right arm up as you kick left foot (optional "who")

**Note: Point index fingers as you push hands up higher and higher until beat 4 when the right arm is fully extended.**

**End of Dance : Turn  $\frac{1}{4}$  left to face 12 o'clock with right arm extended up**

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