

# Long Distance Lullaby

**COPPER** **KNOB**  
BY STEPHENETS

**Count:** 64

**Wall:** 4

**Level:** Improver

**Choreographer:** Carina Slijters (NL) - March 2012

**Music:** Long Distance Lullaby - Martina McBride : (CD: Eleven)



## 32 count intro

### Side, Touch, Side, Touch, Side, Close, Back, Hold

- 1-4 Step Right to Right, Touch Left next to Right, Step Left to Left, Touch Right next to Left  
5-8 Step Right to Right, Close Left to Right, Step Right backwards, Hold

### Side, Touch, Side, Touch, Side, Behind, ¼ Left, Hold

- 1-4 Step Left to Left, Touch Right next to Left, Step Right to Right, Touch Left next to Right  
5-8 Step Left to Left, Cross Right behind Left, Make a quarter turn Left step Left forward, Hold [9.00]

### Rock Step, Back, Hold, Left Lock Step Back, Hold

- 1-4 Step Right Forward, Weight back on Left, Step Right backwards, Hold  
5-8 Step Left backwards, Cross Right in front of Left, Step Left backwards, Hold

### Full Turn Right with Holds, Slow Coaster Right, Hold

- 1-4 Make a half turn Right step Right forward, Hold [3.00], Make a half turn Right step Left backwards, Hold [9.00]  
5-8 Step Right backwards, Step Left next to Right, Step Right forward, Hold

### Walk, Hold, Walk, Hold, Forward, ¼ Right, Cross, Hold

- 1-4 Walk with Left forward, Hold, Walk with Right forward, Hold  
5-8 Step Left Forward, Make a quarter turn Right, Cross Left in front of Right, Hold [12.00]

### ¼, ¼, Cross, Hold 2x

- 1-2 Make a quarter turn Left step Right backwards, Make a quarter turn Left step Left to Left [6.00]  
3-4 Cross Right in front of Left, Hold  
5-6 Make a quarter turn Right step Left backwards, Make a quarter turn Right step Right to Right [12.00]  
7-8 Cross Left in front of Right, Hold

### Scissor Right & Left with Holds

- 1-4 Step Right to Right, Step Left next to Right, Cross Right in front of Left, Hold  
5-8 Step Left to Left, Step Right next to Left, Cross Left in front of Right, Hold

### Side, Behind, ¼ Right, Hold, Pivot, Hold

- 1-4 Step Right to Right, Cross Left behind Right, Make a quarter turn Right step Right forward, Hold [3.00]  
5-8 Step Left forward, Make a half turn Right, Step Left Forward, Hold [9.00]

## Start again

**Restart:** In the 3rd and 7th wall dance till count 40 and than start again.

**Tag:** In the 5th wall dance till count 31. Count 32 Close Left next to Right, and than start again.

## Optional ending

In the last wall (wall 8th) dance till count 63, you'll be facing 6.00. Cross Right in front of Left and make a half

turn Left to face the front wall.

Contact: [www.carinaslijters.nl](http://www.carinaslijters.nl)

---