

# How Long

**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Roz Chaplin (UK) - March 2012

**Music:** How Long - Moot Davis : (CD: Man About Town)



## 16 Count Intro

### **POINT FORWARD, POINT SIDE, COASTER STEP X2**

- 1-2 Point right forward, point right to right side
- 3&4 Step back on right, step left beside right, step right forward
- 5-6 Point left forward, point left to left side
- 7&8 Step back on left, step right beside left, step left forward

### **SHUFFLE FORWARD, SHUFFLE ½ TURN, ROCK BACK, KICK-BALL CHANGE**

- 1&2 Step forward right, step left beside right, step forward right
- 3&4 Shuffling ½ turn right stepping – left right left (6)
- 5-6 Rock back on right, recover onto left
- 7&8 Kick right foot forward, step right beside left, step left beside right

### **CROSS ROCK, CHASSE, CROSS ROCK, CHASSE**

- 1-2 Cross rock right over left, recover onto left
- 3&4 Step right to right side, close left beside right, step right to right side
- 5-6 Cross rock left over right, recover onto right
- 7&8 Step left to left side, close right beside left, step left to left side

### **STEP ¼ TURN, FULL TURN FORWARD, ROCK, RECOVER COASTER STEP**

- 1-2 Step forward on right, make ¼ turn left (3)
- 3-4 ½ turn back on right, ½ turn forward on left
- 5-6 Rock forward on right, recover onto left
- 7&8 Step back on right, step left beside right, step forward on right

### **ROCK RECOVER, TRIPLE FULL TURN, STEP ¼, CROSS SHUFFLE**

- 1-2 Rock forward on left, recover onto right
- 3&4 Triple full turn stepping- left, right, left
- 5-6 Step forward right ¼ turn left (12)
- 7&8 Cross right over left, step left to left side, cross right over left

### **SIDE, TOGETHER, HEEL BOUNCE X2**

- 1-2 Step left to left side, close right beside left
- 3-4 Lift both heels, drop heels to floor
- 5-6 Step right to right side, close left beside right
- 7-8 Lift both heels, drop heels to floor (taking weight to left)

### **ROCK, RECOVER ½ TURN, JAZZ BOX,**

- 1-2 Rock forward on right, recover onto left
- 3-4 ½ turn right, step forward on left (6)
- 5-6 Cross right over left. step back on left
- 7-8 Step right to right side, step forward on left

### **RIGHT KICK & POINT, LEFT KICK & POINT, ROCKING CHAIR**

- 1&2 Kick right forward, step right beside left, point left to left side
- 3&4 Kick left forward. Step left to left side, point right to right side

5-6 Rock forward on the right, recover on to the left  
7-8 Rock back on the right, recover onto the left

**Last Revision – 19th March 2012**

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