

# Pumped Up Kicks

**COPPER** **KNOB**  
BYEFOOTSTEPS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Mathias Pflug (DE) - February 2012

**Music:** Pumped Up Kicks - Foster the People



**Intro: After 8 counts!**

## **Back, Kick, Back, Kick, Coaster Step, Scuff**

- 1-2 Step right back, Kick left forward
- 3-4 Step left back, Kick right forward
- 5-6 Step right back, Step left beside right
- 7-8 Step right forward, Scuff left beside right

## **Step, 1/2 Pivot Turn R, Step, 1/4 Pivot Turn R, Cross, 1/4 Turn L, 1/4 Turn L, Touch**

- 1-2 Step left forward, 1/2 turn right on both balls (6.00)
- 3-4 Step left forward, 1/4 turn right on both balls (9.00)
- 5-6 Cross left over right, 1/4 Turn left & step right to right (6.00)
- 7-8 1/4 Turn left & step left to left, Touch right beside left (3.00)

## **Side, Touch, Side, Touch, Chassé, Rock Back**

- 1-2 Step right to right, Touch left beside right
- 3-4 Step left to left, Touch right beside left
- 5&6 Step right to right, Step left beside right, Step right to right
- 7-8 Step left back, Recover on right

## **Side, Touch, Side, Touch, Chassé, Cross Rock**

- 1-2 Step left to left, Touch right beside left
- 3-4 Step right to right, Touch left beside right
- 5&6 Step left to left, Step right beside left, Step left to left
- 7-8 Cross right over left, Recover on left

**Repeat & Enjoy!**

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