

# Stay In This Moment

**COPPER KNOB**  
BYEBOHEETS

**Count:** 24

**Wall:** 4

**Level:** Beginner waltz

**Choreographer:** Marie Sørensen (TUR) - February 2012

**Music:** Stay In This Moment - Trick Pony



---

## Intro: 24 Counts

### Waltz basic Step Fwd. Left, Basic Step ½ Turn Right

1-2-3 Step fwd, Left, step Right beside Left, step Left beside Right

4-5-6 ¼ turn Right, step Right to Right side, step Left beside Right, ¼ turn Right, step Right diagonal Right (Facing 6 O` Clock)

### Twinkle Left, Twinkle Right

1-2-3 Cross Left in front of Right, step Right diagonal fwd. Right, step Left diagonal fwd. Left

4-5-6 Cross Right in front of Left, step Left diagonal fwd. Left, step Right diagonal fwd. Right  
(Facing 6 O` Clock)

### Restart the dance here on wall 7 – Facing 12:00

### Waltz basic Step Fwd. Left, ¼ Turn Right, Drag

1-2-3 Step fwd, Left, step Right beside Left, step Left beside Right

4-5-6 ¼ turn Right, step Right to Right side, drag Left up to Right over two Counts (Facing 9 O` Clock)

### Sway, Sway, Sway, Cross, Point, Hold

1-2-3 Step Left to Left side and sway Left, Right, Left

4-5-6 Cross Right in front of Left, point Left to Left side, hold (Facing 9 O` Clock)

### There is one very easy restart during wall 7, after 12 Counts – Facing 12:00

Have Fun!

---