

Dance For Hope

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Peter Metelnick (UK) & Alison Metelnick (UK) - February 2011

Music: I Hope You Dance - Ronan Keating



In Memory of a great lady who we knew for many years who died suddenly: Janet Ellis

Start after 8 count intro on verse vocals.

[1-8] R NC basic, sway hips L&R, L NC basic, sway hips R&L

- 1-2& Step R side, rock L back, recover weight on R
- 3-4 Sway L, sway R
- 5-6& Step L side, rock R back, recover weight on L
- 7-8 Sway R, sway L (end looking toward left diagonal) (11 o'clock)

[9-16]& R rock fwd & recover, full R chase turn, run forward L&R, L forward rock & recover, step back L, step R back cross step L over R

- 1-2 Rock R fwd toward diagonal, recover weight on L
- &3-4 Turning ½ right step R forward, step L forward, pivot ½ right (11 o'clock)
- &5 Run fwd L, R
- 6&7 Rock L fwd, recover weight on R, step L back
- 8& Step R back, cross step L over R (squaring off to your 12 o'clock wall) (12 o'clock)

RESTART: During wall 3 restart here facing back wall

[17-24&] R side, L drag tog, L ball cross, L side, R tog turning ¼ R, L fwd, L full turn fwd, R fwd rock & recover, R back

- 1 Step R side
- 2&3 Drag L together, step L back, cross R over L
- 4&5 Step L side, turning ¼ right step R together, step L forward (3 o'clock)
- 6& Turning ½ left step R back, turning ½ left step L forward (3 o'clock)

Non-turning option: Walk forward R & L

- 7-8& Rock R forward, recover weight on L, step R back (turning body to right diagonal) (5 o'clock)

[25-32&] L modified jazz box turning to L diagonal, R modified jazz box cross squared to wall, sway R&L, R back rock & recover

- 1-2& Cross L over R, step R back, turning body toward left diagonal step L to L side (1 o'clock)
- 3-4&5 Cross R over L, step L back squaring to wall, step R side, cross step L over R (3 o'clock)
- 6-7 Swap R, sway L
- 8& Rock R back, recover weight on L

Ending: Dance to count 25 & hold! (12 o'clock)
