# Good Morning! Buddies



Count: 48 Wall: 4 Level: Easy Intermediate

Choreographer: Salfoo (MY) - January 2012

Music: Good Morning (feat. TobyMac) - Mandisa



#### Starts: 32 counts from start of Track

[01 - 08] RF TO R, DIAGONAL	. COASTER STEP,	, DIAGONAL	<b>COASTER STEP</b>	1/2 TURN LEFT,	COASTER
STEP					

1, 2&3 Step RF to R [1], Diagonally Step LF Back [2], Step RF Beside L [&], Step LF Forward [3] -

12.00

4&5 Diagonally Step RF Back [4], Step LF Beside R [&], Step RF Forward [5]

6, 7&8 Make a 1/2 Turn L (Weight On RF) [6] - 6.00 Step LF Back [7] Step RF Beside L [&], Step L

Forward [8]

### [09 - 16] FORWARD SHUFFLE, FORWARD SHUFFLE, JAZZ BOX FORWARD

1&2 Step RF Forward [1], Close LF Beside R [&], Step RF Forward [2] - 6.00

3&4 Step LF Forward [3], Close RF Beside L [&], Step LF Forward [4]

5-6 7-8 Cross RF Over L [5], Step LF Back [6], Step RF To R [7], Step LF Forward [8]

## [17 – 24] RF TO R, DIAGONAL COASTER STEP, DIAGONAL COASTER STEP 1/2 TURN LEFT, COASTER STEP

1, 2&3 Step RF to R [1], Diagonally Step LF Back [2], Step RF Beside L [&], Step LF Forward [3] -

6.00

4&5 Diagonally Step RF Back [4], Step LF Beside R [&], Step RF Forward [5]

6, 7&8 Make a 1/2 Turn L (Weight On RF) [6] - 12.00 Step LF Back [7] Step RF Beside L [&], Step L

Forward [8]

#### [25 - 32] FORWARD SHUFFLE, FORWARD SHUFFLE, JAZZ BOX FORWARD

1&2 Step RF Forward [1], Close LF Beside R [&], Step RF Forward [2] - 12.00

3&4 Step LF Forward [3], Close RF Beside L [&], Step LF Forward [4]

5-6 7-8 Cross RF Over L [5], Step LF Back [6], Step RF To R [7], Step LF Forward [8]

## [33 - 40] R HEEL, TOE, HEEL, DOWN, L HEEL, TOE, HEEL, DOWN

1-2 3-4 Step R Heel To R [1], Touch R Toe Beside LF [2], Step R Heel To R [3], Step R Toe Down

Beside LF [4] - 12.00

5-6 7-8 Step L Heel To L [1], Touch L Toe Beside RF [2], Step L Heel To L [7] Step L Toe Down

Beside RF [8]

#### [41 – 48] RF OVER LF, POINT L TOE TO L, LF OVER RF, POINT R TOE TO R R JAZZ BOX 1/4 TURN R

1-2 3-4 Cross RF Over L [1], Point L Toe To L Side (Add Shoulder Shimmies) [2], Cross LF Over R

[3], Pointing R Toe To R Side (Add Shoulder Shimmies)[4] - 12.00

5-6 7-8 Cross RF Over L [5], Step LF Back [6], Make 1/4 Turn R Stepping RF To R [7], Step LF

Forward [8] - 3.00

## TAG: BEGINNING OF WALL 6TH - 3.00

#### 101 - 081 R DOROTHY STEP, L DOROTHY STEP, FORWARD ROCK, RECOVER, COASTER STEP

1-2& Step RF Diagonal Forward To R [1], Lock LF Behind RF [2], Step RF Diagonal Forward To R

[(&] - 3.00]

3-4& Step LF Diagonal Forward To L [3], Lock RF Behind LF [4], Step LF Diagonal Forward To L

[&]

5-6 7&8 Rock Forward On RF [5], Recover Onto LF [6], Step RF Back [7], Close LF Beside R [&],

Step RF Forward [8]

#### [09 - 16] L DOROTHY STEP, R DOROTHY STEP FORWARD ROCK, RECOVER, COASTER STEP

1-2& Step LF Diagonal Forward To L [1], Lock RF Behind LF [2], Step LF Diagonal Forward To L [&)] - 3.00

3-4& Step RF Diagonal Forward To R [3,] Lock LF Behind RF [4], Step RF Diagonal Forward To R (&)

5-6 7&8 Rock Forward On LF [5], Recover Onto RF [6], Step Back On LF [7], Close RF Beside L (&),

Step LF Forward [8]

#### [17 - 24] R DOROTHY STEP, L DOROTHY STEP, FORWARD ROCK, RECOVER, COASTER STEP

1-2& Step RF Diagonal Forward To R [1], Lock LF Behind RF [2], Step RF Diagonal Forward To R [(&] - 3.00

3-4& Step LF Diagonal Forward To L [3], Lock RF Behind LF [4], Step LF Diagonal Forward To L [&]

5-6 7&8 Rock Forward On RF [5], Recover Onto LF [6], Step RF Back [7], Close LF Beside R [&],

Step RF Forward [8]

#### [25 - 32] L DOROTHY STEP, R DOROTHY STEP FORWARD ROCK, RECOVER, COASTER STEP

1-2& Step LF Diagonal Forward To L [1], Lock RF Behind LF [2], Step LF Diagonal Forward To L [&)] - 3.00

3-4& Step RF Diagonal Forward To R [3,] Lock LF Behind RF [4], Step RF Diagonal Forward To R (&)

5-6 7&8 Rock Forward On LF [5], Recover Onto RF [6], Step Back On LF [7], Close RF Beside L (&), Step LF Forward [8]

#### START AGAIN...HAVE FUN!

## FINALE: LAST 8TH = R JAZZ BOX 1/2 R (FACING FRONT WALL)

5-6 7-8 Cross RF Over L, Step LF Back, 1/2 Turn R Stepping RF to R Side, Step LF Forward

#### Dedicated to My Hooley with SAL Buddies

Updated: 25.05.24

Last Update 25 May 2024 - R3