

# Heartache

**COPPER** **NOB**  
BYEBSHETS

**Count:** 64

**Wall:** 4

**Level:** Phrased Beginner

**Choreographer:** Sally Hung (TW) - January 2012

**Music:** Shin Don Shin Ton (心動心痛) - Gen-Horng Liu (劉耕宏) & Hwei-Shin Hsu (許慧欣)



**Sequence of Dance:** AA 4-count/BB Tag 4-count/A 4-count BBB(24 counts)

**Dance starts from 16 counts after heavy beats**

## Tag (16 counts)

1-4 Step R to R, step-close L to R, step R back, touch L beside R

5-8 Step L to L, step-close R to L, step L forward, hold

1-4 Step R to R, step-close L to R, step R forward, touch L beside R

5-8 Step L to L, step-close R to L, step L back, hold

## \*4-count

1-2 Weight on R

3-4 Weight on L

## AI. CROSS, RECOVER, SIDE SHUFFLE, CROSS, RECOVER, SIDE SHUFFLE

1-2 Cross R over L, recover on L

3&4 Side shuffle on RLR

5-6 Cross L over R, recover on R

7&8 Side shuffle on LRL

## AII. SIDE SHUFFLE, CROSS, RECOVER, SIDE SHUFFLE, CROSS, RECOVER

1&2 Side shuffle on RLR

3-4 Cross L behind R, recover onto R

5&6 Side shuffle on LRL

7-8 Cross R behind L, recover onto L

## AIII. ROCK, RECOVER, BACK SHUFFLE, BACK ROCK, RECOVER, FORWARD SHUFFLE

1-2 Rock R forward, recover on L

3&4 Shuffle back on RLR

5-6 Rock L back, recover on R

7&8 Shuffle forward on LRL

## AIV. SIDE ROCK, CROSS SHUFFLE, ¼ R, SHUFFLE

1-2 Rock R to side, recover on L

3&4 Crossing shuffle on RLR

5-6 Step L to side, turn ¼ R and step R to side

7&8 Shuffle forward on LRL

## BI. CROSS STEP, BACK, L RONDE, STEP, SIDE, FORWARD, TOUCH

1-2 Cross R over L, step L to side

3-4 Step R back, sweep L

5-6 Step L behind R, step R to side

7-8 Step L forward, touch R to side

## BII. STEP TOUCH FORWARD X2, STEP TOUCH BACK X2

1-2 Step R over L, touch L to side

3-4 Step L over R, touch R to side

5-6 Step R behind L, touch L to side  
7-8 Step L behind R, touch R to side

**BIII. SIDE, BEHIND, CROSS, HOLD, SIDE, ¼ R, BACK, FORWARD, HOLD**

1-2 Step R to side, cross L behind R  
3-4 Cross R over left, hold  
5-6 Step L to side, pivot ¼ turn R and step R back  
7-8 Step L forward, hold

**BIV. STEP, RECOVER, ½ TURN R, TRIPLE STEP, STEP, RECOVER, ½ TURN L, TRIPLE STEP**

1-2 Step R forward, recover on L  
3&4 ½ turn R triple step on RLR  
5-6 Step L forward, recover on R  
7&8 ½ turn L triple step on LRL

**Happy dancing!**

**Contact Sally Hung: [hung1125@gmail.com](mailto:hung1125@gmail.com)**

---