

Rules of the Ocean

Count: 54

Wall: 4

Level: Intermediate waltz

Choreographer: Stine Emilie Nøding Hansen (NOR) - October 2011

Music: Rules of the Ocean - Violet Road



Dance: 2 wall turning into 4 wall....

S1: Scissor steps X2

- 1-2 Step R to right side, step L next to R
- 3 Step R in cross over L
- 4-5 Step L to right side, step R next to L
- 6 Step L in cross over R

(Counts 1-6 traveling forward)

S2: Rock-recover, pivot $\frac{1}{4}$, cross, pivot $\frac{1}{4}$, rock

- 1 Rock R forward
- 2 Recover on L
- 3 Pivot $\frac{1}{4}$ right stepping R to right side
- 4 Cross L behind R
- 5 Pivot $\frac{1}{4}$ right stepping R forward (ending at 6 o'clock)
- 6 Rock L forward

(Restart here in wall 5)

S3: Recover, back, full turn, step, touch

- 1 Recover on R
- 2 Pivot $\frac{1}{4}$ to right stepping L back
- 3 Pivot $\frac{1}{4}$ to right stepping R forward
- 4 Step L forward and make a $\frac{3}{4}$ turn to right on the L foot (ending at 9 o'clock)
- 5 Step R to right side
- 6 Touch L next to R

(Restart here in wall 2)

S4: Rocking chair X2

- 1 Rock L forward
- 2 Recover on R
- 3 Rock L backward
- 4 Recover on R
- 5 Rock L forward
- 6 Recover on R

S5: Full triple turn, step, drag, touch

- 1 Pivot $\frac{1}{2}$ turn left stepping forward on L
- 2 Pivot $\frac{1}{2}$ turn left stepping backward on R
- 3 Pivot $\frac{1}{2}$ turn left stepping forward on L (ending at 3 o'clock)
- 4 Step R diagonally forward to right
- 5 Drag L
- 6 Touch L next to R

(Bridge in wall 7)

S6: Rock-recover, 2X $\frac{1}{8}$ turn, cross, pivot $\frac{1}{4}$

- 1 Rock diagonally forward to left on L (still at 3 o'clock)
- 2 Recover on R

- 3 Pivot 1/8 turn to right stepping L back
- 4 Pivot 1/8 turn to right stepping R to side (6 o'clock)
- 5 Cross L over R
- 6 Pivot 1/4 turn to left stepping R back (3 o'clock)

S7: Pivot 1/4, cross, pivot 1/4, pivot 1/4, cross, rock

- 1 Pivot 1/4 to left stepping L to side (12 o'clock)
- 2 Cross R over L
- 3 Pivot 1/4 to right stepping L back (3 o'clock)
- 4 Pivot 1/4 to right stepping R forward (6 o'clock)
- 5 Cross L over R
- 6 Rock R to right side

S8: Recover, pivot 1/4, pivot 1/4, step-lock-step

- 1 Recover on L
- 2 Pivot 1/4 to right stepping R back (9 o'clock)
- 3 Pivot 1/4 to right crossing L over right (12 o'clock)
- 4 Step R forward
- 5 Lock L behind R
- 6 Step R forward

S9: Step, pivot 1/2, step, big sweep, touch

- 1 Step L forward
- 2 Pivot 1/2 to right stepping onto R (6 o'clock)
- 3 Step L forward
- 4-5 Sweep R behind to front
- 6 Touch R next to L

REPEAT

Restart 1: Wall 2, section 3 (After 18 counts)

S3R: Recover, back, turn, step, drag, step

- 1 Recover on R
- 2 Pivot 1/4 to right stepping L back
- 3 Pivot 1/4 to right stepping R forward
- 4 Step L forward and make a 3/4 turn to right on the L foot
- 5 Step R to right side
- 6 Step L next to R (Restart here)

Restart 2: Wall 5, section 2 (after 12 counts)

Rock-recover, pivot 1/4 right, cross, pivot 1/4 right, step

- 1 Rock R forward
- 2 Recover on L
- 3 Pivot 1/4 right stepping R to right side
- 4 Cross L behind R
- 5 Pivot 1/4 right stepping R forward
- 6 Step L forward (Restart here)

BRIDGE : Wall 7:

Dance the dance normally up 'til section 5:

S5B: Full triple turn, step, sweep

- 1 Pivot 1/2 turn left stepping forward on L
- 2 Pivot 1/2 turn left stepping backward on R
- 3 Pivot 1/2 turn left stepping forward on L
- 4 Step R diagonally forward to right

5-6 Sweep L

Then:

Basic steps

- 1 Step L forward
- 2 Step on ball of R
- 3 Step down on L
- 4 Step R back
- 5 Step on ball of L
- 6 Step down on R

Then wait, as he just sung.

He will then sing

“Yet I go down with a smile on my face”

On “down” continue the dance from section 6:

S6: Rock-recover, 2X 1/8 turn, cross, pivot ¼

- 1 Rock forward on L
- 2 Recover on R
- 3 Pivot 1/8 turn to right stepping L back
- 4 Pivot 1/8 turn to right stepping R to side
- 5 Cross L over R
- 6 Pivot ¼ turn to left stepping R back

Keep dancing as normal until the end of the song ;)

ENJOY!
