

# Heartaches Continental

**COPPER** KNOB  
STEPPEDETS

**Count:** 32

**Wall:** 1

**Level:** Phrased Beginner

**Choreographer:** Robert Wilkins (CAN) - September 2011

**Music:** Heartaches - Archibald Musclemfingers



## Left lead to Start

### A: 16 counts

#### Walk 2, L shuffle ½ right, back 2, R "coaster"(repeat)

- 1,2 walk forward: L, R  
3&4 back turning shuffle ½ right: L-R-L (weight back on L)  
5,6 walk back: R, L  
7&8 coaster back (hitch back 3): R-L-R
- 1-8 repeat all of above

### B: 16 counts

#### 2-Step Charlestons

- 1-4 L step forward, R swing forward, R step back, L touch back  
5-8 L step forward, R swing forward, R step back, L touch back

#### L shuffle 1/4 left, R shuffle 1/4 left, walk 4 to front

- 1&2 shuffle 1/4 left: L-R-L  
3&4 shuffle 1/4 left: R-L-R to back  
5-8 walk ½ circle left: L, R, L, R to front

### Repeat

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