

# Be The Lake

Count: 32

Wall: 4

Level: Newcomer / Novice

Choreographer: Lisa Carlier (BEL) - August 2011

Music: Be the Lake - Brad Paisley



**Begin the dance after long intro**

## **Back Kick Ball Change, Shuffle Fwd, Triple Full Turn Traveling Fwd, Sailor R**

- 1 Rf Kick Back
- & Rf Step Next To Lf
- 2 Lf Step Slightly Fwd
- 3 Rf Step Fwd
- & Lf Step Next To Rf
- 4 Rf Step Fwd
- 5 Lf ½ Turn R, Step Behind
- & Rf ½ Turn R, Step Fwd
- 6 Lf Step Fwd
- 7 Rf Cross Behind Left
- & Lf Step Next To Rf
- 8 Rf Step Side R

## **Sailor ¼ L, Heel Flick Cross, Side Rock Cross, Scuff Hitch While Turning ¼, Behind**

- 1 Lf Cross Behind Rf
- & Rf ¼ Turn L Step Next To Lf
- 2 Lf Step Fwd (9:00)
- 3 Rf Heel Tap Fwd
- & Rf Flick Behind
- 4 Rf Cross Over Lf

**\*\*\* 2nd Restart \*\*\***

- 5 Lf Step To L
- & Rf Step Next To Lf
- 6 Lf Cross Over Rf
- 7 Rf Scuff
- & Rf Hitch While Turning ¼ L
- 8 Rf Step Behind (6:00)

**\*\*\* 1st Restart \*\*\***

## **Coasterstep, Kick Out-Out, Apple Jack L & R, Behind Side Cross**

- 1 Lf Step Behind
- & Rf Step Next To Lf
- 2 Lf Step Fwd
- 3 Rf Kick Fwd
- & Rf Step Out To Right Side
- 4 Lf Step Out To Left Side
- 5 Bf Swivel Left, Weight On R Toe And L Heel
- & Return To Centre
- 6 Bf Swivel Right, Weight On L Toe And R Heel
- & Turn To Centre
- 7 Rf Cross Behind Lf
- & Lf Step Side L
- 8 Rf Cross Over Lf

**Side Rock Cross, Unwind Full Turn R, Kick, Sailor ¼ R, Step Fwd L, ½ Pivot Turn R, Step**

- 1 Lf Step Side L
- & Rf Step Next To Lf
- 2 Lf Cross Over Rf
- 3 Lf+Rf Make A Whole Turn R (6:00)
- &
- 4 Rf Kick
- 5 Rf Step Behind Lf
- & Lf Step Next To Rf, While Turn ¼ R
- 6 Rf Step Fwd (9:00)
- 7 Lf Step Fwd
- & Turn ½ R
- 8 Rf Step Fwd (3:00)

**\* Restart In 3rd Wall; Dance 16 Counts And Start Again**

**\* Tag After 6th Wall; You Ad: (2 Vaudeville)**

- &1 Step Rf To Side, Point Left Heel Diagonally Forward
- &2 Lf Step Back, Rf Step Over Lf
- &3 Step Lf To Side, Point Right Heel Diagonally Fwd
- &4 Rf Step Back, Lf Step Over Rf

**\* Restart In 10th Wall; Dance 12 Counts And Start Again**

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