

# Switchin' Gears

**COPPER KNOB**  
BY STEPHENETS

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Michelle Jackson (USA) - May 2011

**Music:** Truckin - Tom Dixon Band



**Alt. Music:** "Feel the Music" by Tiffany

## **RIGHT HEEL GRIND, COASTER STEP, LEFT HEEL GRIND, COASTER**

- 1-2 step right heel fwd & grind right, recover to left
- 3&4 step right back, step left together, step right fwd
- 5-6 step left heel fwd & grind left, recover to right
- 7&8 step left back, step right together, step left fwd (12 o'clock)

## **BALANCE FWD RIGHT & LEFT HEELS (TOES UP), BACK RIGHT & LEFT, SIDE SHUFFLE, 1/4 TURN SHUFFLE**

- 1-2 step fwd on right heel & balance step fwd on left heel & balance (toes point up)
- 3-4 step right back, step left back
- 5&6 step right to side, step left together, step right to side
- 7&8 turn ¼ turn left stepping left to side, step right together, step left to side (9oclock)

## **RIGHT ROCKING CHAIR, RIGHT LINDY**

- 1-2 rock right fwd, recover onto left
- 3-4 rock right back, recover onto left
- 5&6 step right to side, step left together, step right to side
- 7-8 rock left back, recover onto right (9 o'clock)

## **LEFT LINDY, 1/8 PIVOT TURN W/ HIP BUMP, 1/8 PIVOT TURN W/HIP BUMP**

- 1&2 step left to side, step right together, step left to side
- 3-4 rock right back, recover onto left
- 5-6 make 1/8 turn left stepping right fwd while pushing right hip fwd, recover left
- 7-8 make 1/8 turn left stepping right fwd while pushing right hip fwd, recover left (6 o'clock)

**When using Truckin/Tom Dixon Band, 8th wall, dance 1st 20 counts (rocking chair)  
Then do last 4 counts of dance (1/8 pivots) then RESTART =)**

**Contact:** [spiningrL32@aol.com](mailto:spiningrL32@aol.com)