

# Sands of Time

COPPER KNOB  
BY STEPHEN HETS

Count: 32

Wall: 2

Level: High Intermediate

Choreographer: Steinar Ishoel (SWE) - May 2011

Music: Sands of Time - Edguy



---

## Step, step ½ turn step, turn ½ turn ½ turn ¼ basic rock back turn ¼ step, step full turn.

- 1,2&3 step fw on R (1) step fw on L (2) pivot ½ turn R (Weight forward on R) (&) step fw on L (3) 6.00
- 4&5 turn ½ L stepping back on R (4) turn ½ L stepping fw on L (&) turn ¼ L large step to R side (5) 3.00
- 6&7 rock L behind R (6) recover back on R (&) turn ¼ L step fw on L (7) 12.00
- 8& step fw on right (8) make a full turn to left on right foot, hitching left into right knee. (&) 12.00

## Basic. behind turn ¼ step turn ½ turn ¼ behind side, weave point.

- 1,2& large step to L on L (1) cross R behind L (2) turn ¼ L stepping fw on L (&) 9.00
- 3&4 step fw on R (3) pivot ½ turn L (weight forward on L) (&) turn ¼ L stepping R to R side (4) 12.00
- &5,6 cross L behind R (&) step R to R side (5) cross L over R foot (6) 12.00
- &7,8 step R to R side (&) cross L behind R (7) point R to R side (8) 12.00

## Hitch turn, step step, back back turn ½ cross, sweep ¼ behind side.

- 1,2,3 full turn R on L foot, hitching R foot (1) turn 1/8 R step fw on R (2) step fw on left (3) 1.30  
"Restart on wall 4"
- 4&5 step back on R (4) step back on L (&) turn ½ R step fw on R (5) 7.30
- 6 cross L over R straight up to 9.00 with over body and knee slightly bended (6) 9.00
- 7 recover back on R sweeping L around from front to back with a ¼ turn L (7) 6.00
- 8& cross L behind R (8) step R to R side (&) 6.00

## Cross rock turn ¼ turn ½ step lock step, turn ½ sweep ¼ cross, rock recover.

- 1,2& cross rock L over R (1) recover back on R (2) turn ¼ L stepping fw on L (&) 3.00
- 3,4&5 turn ½ L stepping back on R (3) step back on L (4) lock step R in front of L (&) step back on L (5) 9.00
- 6 turn ½ R step fw on R, sweep L around back to front with ¼ turn R (6) 6.00
- 7,8& cross L over R (7) rock R to R side (8) recover back on L (&) 6.00

## Tag. End of wall 2 and wall 6

### Step, step ½ turn R, step, 1 ½ turn L with L ronde. Behind, side, cross rock, side.

- 1,2&3 step fw on R (1) step fw on L (2) pivot ½ turn R (&) step fw on L (3) 6.00
- 4&5 turn ½ L stepping back on R (4) turn ½ L stepping fw on L (&) turn ½ L back on R Sweeping L around from front to back (5) 12.00
- 6&7 step L behind R (6) step R to R side (&) cross rock L over R (&) 12.00
- 8& recover back on R (8) step L to L side (&) 12.00

Restart on wall 4: Dance to count 19 hold for count 20 (4) turn ¼ R start over again facing 12.00

---