

Running Scared

COPPER **KNOB**
BY STEPHENETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Clare Bull (UK) - May 2011

Music: Running Scared - Ell & Nikki : (Album: Eurovision Song Contest Dusseldorf 2011 - Eurovision 2011 - Azerbaijan)



INTRO : 32 COUNTS

CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR STEP

- 1,2 Cross right over left, step left to left side
3&4 Step right behind left, step left to left side, step right to right side
5,6 Cross left over right, step right to right side
7&8 Step left behind right, step right to right side, step left to left side

CROSS, BACK & CROSS SIDE, CROSS ROCK, FULL ROLLING TURN

- 1,2 Cross right over left, step back on left
&3,4 Step right to right side, cross left over right, step right to right side
5,6 Cross rock left over right, recover on right
7&8 Turn 1/4 left stepping on left, turn 1/2 left stepping back on right, turn 1/4 left stepping left to left side

FWD ROCK, SIDE ROCK, BEHIND, SIDE, CROSS SHUFFLE

- 1,2 Rock fwd on right, recover on left
3,4 Rock right to right side, recover on left
5,6 Step right behind left, step left to left side
7&8 Cross right over left, step left to left side, cross right over left

TURN 1/4 LEFT, STEP, STEP 1/2 STEP, TRIPLE TURN, COASTER STEP

- 1,2 Turn 1/4 left stepping fwd on left, step fwd on right
3&4 Step fwd on left, make a 1/2 turn right stepping fwd on right, step fwd on left
5&6 Full triple turn left stepping right left right
7&8 Step back on left, step right next to left, step fwd on left

ENDING ; TO FINISH FRONT DANCE UP TO STEP 22 ON WALL 7 AND REPLACE 23 & 24 WITH A SAILOR 1/2 TURN

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