

Bahama Mama

Count: 40

Wall: 4

Level: High Beginner

Choreographer: Ira Weisburd (USA) - 1985

Music: Bahama Mama - Boney M.



Introduction: 64 counts. Starts on the vocal approx. 29 sec. into the song.

PART I. POINT R TOE FORWARD, STEP R IN PLACE; POINT L TOE FORWARD, STEP L IN PLACE; POINT R TOE TO R SIDE, STEP R IN PLACE; POINT L TOE TO L SIDE, STEP L IN PLACE.

- 1-2 Point R toe forward, Step-close R beside L
- 3-4 Point L toe forward, Step-close L beside R
- 5-6 Point R toe to R side, Step-close R beside L
- 7-8 Point L toe to L side, Step-close L beside R

PART II. FORWARD LOCK STEP WITH R, FORWARD LOCK STEP WITH L, VINE 2 TO R, MAKE ½ TURN R.

- 1&2 Step R forward, Lock-step with L behind R, Step forward on R
- 3&4 Step L forward, Lock-step with R behind L, Step forward on L
- 5-6 Step R to R, Step back with L
- 7-8 Make ¼ R turn with R, Make another ¼ turn R with L (face 6:00 wall)

PART III. STEP R BEHIND L, STEP L TO L, KICK BALL-CHANGE WITH R (3 times)

- 1-2 Step R behind L, Step L to L
- 3&4 Kick R forward, Step on ball of R beside L, Step in place on L
- 5&6 Kick R forward, Step on ball of R beside L, Step in place on L
- 7&8 Kick R forward, Step on ball of R beside L, Step in place on L

PART IV. MAKE FULL TURN R (R,L,R), CLAP HANDS; MAKE FULL TURN L (L,R,L), CLAP HANDS.

- 1-4 Make a full turn R in 3 steps (R,L,R), Clap hands
- 5-8 Make a full turn L in 3 steps (L,R,L), Clap hands

PART V. BUS STOP FIGURE (POINT R FORWARD, POINT R BACK, MAKE ¼ TURN R ON R, POINT L TO L, STEP L ACROSS R, POINT R TO R, STEP R BACK, STEPCLOSE L TO R.

- 1-2 Point R toe forward, Point R toe back
- 3-4 Make ¼ turn R with R, Point L to L
- 5-6 Step L across R, Point R to R
- 7-8 Step R back, Step-close L beside R

BEGIN DANCE.

Contact: dancewithira@comcast.net