

Old Fashioned Girl

Count: 32

Wall: 4

Level: Beginner

Choreographer: Yvonne van Baalen (NL) - March 2011

Music: Old Fashioned Girl - Lisa McHugh



32 counts intro or 16 slow counts intro.

Section 1: 1 - 8: R. RUMBA BOX, L. RUMBA BOX, BACK STEP LOCK STEP right & left

- 1 Step right to the right side
- & Step left together
- 2 Step right forward
- 3 Step left to the left side
- & Step right together
- 4 Step left back
- 5 Step back on right
- & Cross left over right
- 6 Step back on right
- 7 Step back on left
- & Cross right over left
- 8 Step back on left

Section 2: 9 - 16: COASTER STEP, FULL TRIPLE TURN RIGHT/or left shuffle fwd, R. TOE STRUT, CROSS STRUT, R. SCISSOR STEP

- 1 Step right back
- & Step left together
- 2 Step right forward
- 3 Turn ½ right, step back on left
- & Turn ½ right, step forward on right
- 4 Step left forward (12.00)

(option: instead of the full turn on counts 3&4 shuffle forward on left-right-left)

- 5 Touch right toe to right side
- & Drop heel
- 6 Touch left toe over right
- & Drop heel
- 7 Step right to the right side
- & Step left together
- 8 Cross right over left

Section 3: 17 - 24: L. TOE STRUT, CROSS STRUT, L. SCISSOR STEP, R. CHASSE ¼ TURN RIGHT, STEP ½ TURN RIGHT ,STEP

- 1 Touch left toe to the left side
- & Drop heel
- 2 Touch right toe over left
- & Drop heel
- 3 Step left to the left side
- & Step right together
- 4 Cross left over right
- 5 Step right to the right side
- & Step left together
- 6 Step right ¼ turn right forward (3.00)
- 7 Step forward on left

& Pivot ½ turn right
8 Step left forward (9.00)

Section 4: 25 - 32: CHARLESTON STEP, SHUFFLE FORWARD ON RIGHT & LEFT

1 Swing right foot touching in front
2 Step back on right
3 Swing left foot touching back
4 Step forward on left
5 Step forward on right
& Step left together
6 Step forward on right
7 Step left forward
& Step right together
8 Step left forward

Tag: End of walls 2 and 5

R.MAMBO TOUCH

1 Step right forward
& Step back on left
2 Touch right beside left

Start again with right rumba box

Ending on wall 8

Dance up to count 3&4 of section 2

After the full turn/or shuffle.

Then do the following steps for ending front wall

1 Step forward on right
& Turn ¼ left
2 Stomp right beside left

E-mail: yvonne045@hotmail.com
