

# I Roll

**Count:** 28

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Ethelene Tollison (USA) & Jack Tollison (USA) - April 2011

**Music:** I Roll When I Rock - Tommy Castro : (CD: Painkiller)



## **Steps, Shimmy Shoulders, Bump Hips**

1-4 Step right to right, shimmy shoulders and bump hips right, step left beside right & clap

5-8 Step left to left, shimmy shoulders and bump hips left, step right beside left & clap

**Option: Pump fists up and down while doing steps 1-8**

## **Diagonal Shuffles, Hands Roll**

1-2 Shuffle forward diagonally Right, left, right while rolling hands right over left

**(Open or closed fist)**

3-4 Shuffle forward diagonally left, right, left rolling hands right over left

**(Open or closed fist)**

5-8 Repeat steps 1-4

## **Right Kick Ball Changes, ¼ Turn Left, Stomps**

1&2 Kick right forward, step on ball of right next to left, Step left next to right

3&4 Repeat steps 1&2

5-6 Step right ¼ turn left, step left beside right

7-8 Stomp right, left

## **Right And Left Sailors**

1&2 Step right behind left, step left to left, step right to right

3&4 Step left behind right, step right to right, step left to left

## **Start Over**

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