

# Lagos

**Count:** 32

**Wall:** 2

**Level:** High Beginner

**Choreographer:** Louise Elfvengren (NOR) - March 2011

**Music:** Lagos - SpareNoMore



**Intro: 32 counts**

**SECTION 1: WIZARD STEP, MAMBO ROCK FW, MAMBO ROCK BW, STEP - STEP**

- 1-2& Step diag. left with long step, step right behind left, small step fw on left  
3&4 Rock fw on right, step down on left. Step down on right  
5&6 Rock bw on left, step down on right. Step down on left.  
7-8 Step down on right. Step down on left.

**SECTION 2: HITCH RIGHT FOOT & BOUNCE LEFT HEEL X 2, SIDE – BACK – SIDE. HITCH LEFT FOOT & BOUNCE RIGHT HEEL X 2, COASTER STEP**

- 1-2 Lift right foot, bounce on left heel twice.  
3&4 Step down on right, left behind right, step down on right.  
5-6 Lift left foot, bounce on right heel twice.  
7&8 Step left back, step right beside left, step left forward.

**SECTION 3: STEP RIGHT ¼ TURN LEFT, WEAVE , ROCK SIDE, SAILOR STEP**

- 1-2 Step right to right, turn ¼ left stepping down on left beside right.  
3&4 Step right behind left, step left beside right, cross right in front of left.  
5-6 Rock left to left side, recover onto right  
7&8 Step left behind right with a small sweep, step right beside left, step down on left. (9)

**SECTION 4: STEP OUT - OUT, COASTER STEP, JAZZ BOX TURNING ¼ LEFT**

- 1-2 Step down on right – Step down on left ( wide apart)  
3&4 Step back on right, step left beside right, step forward on right  
5-8 Cross left over right, step down on right, turn ¼ left step down on left, step right beside left (6)
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