

# Hey Ahab

**COPPER** **NOB**  
BY STEPHEN BRETZ

**Count:** 32

**Wall:** 4

**Level:** Easy Beginner

**Choreographer:** Denise Brault (USA) - March 2011

**Music:** Hey Ahab - Elton John & Leon Russell : (Album: The Union, 5:39)



**Country Alt: Pants by Walker Hayes, 3:32**

**Begin on vocals at 0:40. For Ultra Beginner 1 wall - Omit 1/4 turn.**

**[1 – 8] WALK WALK WALK, TOUCH, WALK WALK WALK, TOUCH**

- 1 – 4 Walk R, L, R, touch left toe out to side
- 5 – 8 Walk forward L, R, L, touch right toe out to right side

**[9 – 16] STEP BEHIND, TOUCH, STEP BEHIND, TOUCH, STEP BEHIND, TOUCH, STEP BEHIND, TOUCH**

- 1 – 4 Step right behind left, touch left toe to left, step left behind right, touch right toe to right
- 5 – 8 repeat above (this 8 count sequence travels backward)

**[17 – 24] VINE RIGHT, TOUCH, SHOULDER SHRUGS**

- 1 – 4 Step right to right, left behind right, right to right, touch left toe next to right
- & 5 Shrug shoulders up turning upper body toward 10:30, push shoulders down punching right fist down in front of body, left fist in back
- & 6 Shrug shoulders up turning upper body toward 2:30, push shoulders down punching left fist down in front of body, right fist in back
- & 7 Shrug shoulders up turning upper body toward 10:30, push shoulders down punching right fist down in front of body, left fist in back
- & 8 Shrug shoulders up turning upper body toward 2:30, push shoulders down punching left fist down in front of body, right fist in back

**[25 – 32] VINE LEFT ¼ TURN, TOUCH, SHOULDER SHRUGS**

- 1 – 4 Step left to left, right behind left, left 1/4 forward, touch right toe next to right
- & 5 Shrug shoulders up turning upper body toward 7:30, push shoulders down punching right fist down in front of body, left fist in back
- & 6 Shrug shoulders up turning upper body toward 10:30, push shoulders down punching left fist down in front of body, right fist in back
- & 7 Shrug shoulders up turning upper body toward 7:30, push shoulders down punching right fist down in front of body, left fist in back
- & 8 Shrug shoulders up turning upper body toward 10:30, push shoulders down punching left fist down in front of body, right fist in back

**Smile and start again!**

**Contact:** [www.DeniseBrault.com](http://www.DeniseBrault.com)