

# Back It Up!

**COPPER** **KNOB**  
BY HERBERTS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** A. J. Herbert (USA) & Scott Herbert (USA) - January 2011

**Music:** Back That Thing Up - Justin Moore



**Start dance 16 counts after beat kicks in during the intro –count in 5-6-7-8 after you hear “Don’t worry it ain’t gonna hurt ya”.**

**[1-8] R STEP SIDE, L STOMP, L STEP SIDE, R STOMP 2X; REPEAT**

1,2 R step side right (1), L stomp (up) next to R (2)  
3&4 L step side left (3), R stomp (up) next to L twice (&) (4)  
5,6 R step side right (5), L stomp (up) next to R (6)  
7&8 L step side left (7), R stomp (up) next to L twice (&) (8)

**[9-16] R-L HEEL SWITCHES, R BIG STEP FWD, L TOUCH, L-R STEP-TOUCH BACK**

1&2& R heel touch forward (1), R step next to L (&), L heel touch forward, (2), L step next to R (&)  
3,4 R big step forward (3), L touch next to R (4)  
5,6 L step back angled to left (5), R touch next to L (6)  
7,8 R step back angled to right (7), L touch next to R (8)

**[17-24] L STEP SIDE-TOGETHER, L STEP FWD, R TOUCH NEXT TO L, TRIPLE BACK R-L-R, L-R-L**

1,2 L step side left (1), R step next to L (2).  
3,4 L step forward (3), R touch next to L (4)  
5&6 R step back (5), L step next to R (&), R step back (6)  
7&8 L step back (7), R step next to L (&), L step back (8)

**Option: On counts 5&6, 7&8 do two right 1/2-turn triples moving backwards.**

**[25-32] R STEP SIDE-TOGETHER, R STEP FWD 1/4 RIGHT, L TOUCH, L-R-L WALK BACK, R TOUCH**

1,2 R step side right (1), L step next to R (2)  
3,4 R step side right turning 1/4 right (3), L touch next to R (4)  
5,6 L step back (5), R step back (6)  
7,8 L step back (7), R touch next to L (8)

**Option: On counts 5-6-7 walk backwards with attitude, like the Mashed Potato or the Roger Rabbit!**

**START AGAIN!**

**Web site:** <http://home.earthlink.net/~theherberts>