

# Keep Your Head Up

Count: 48

Wall: 2

Level: Intermediate

Choreographer: Francesca Gilmore (UK) - February 2011

Music: Keep Your Head Up - Andy Grammer



**Start on vocals. 16 counts from start of music.**

## **Right slide lock, left slide lock, cross rock side, cross rock 1/4 step**

- 1, 2& Step right forward to right diagonal slide left to right, lock left behind (2), step forward on right(&).
- 3, 4& Step left forward to left diagonal slide right to left, lock right behind(4) step forward on left(&).
- 5&6 Cross rock right over left, recover weight back onto left (&), step right to right side (6)
- 7&8 Cross rock left over right, recover weight back onto right (&) step left 1/4 turn to your left (8).

## **1/4 big step back rock side step, behind side cross side rock cross and cross**

- 1, 2&3 Step forward on right turning a quarter left drag left to right foot, left back rock(2)recover weight onto right(&) step left to left side(3).
- 4&5 Step right behind left, step left to left side, step right across left
- 6&7&8 Left side rock recover and cross left over right, step right to right side and cross left over right.

## **Right side rock, left side rock, right rumba box**

- 1, 2& Right side rock recover weight onto left (2), step right next to left (&)
- 3,4 & Left side rock recover weight onto right (4), step left next to right (&)
- 5&6 Side step right, left together, step right forward
- 7&8 Side step left, right together, step left back

## **Walk back x2 (optional full turn back on two counts), right coaster step, rock forward left, side rock left, right touch side, heel hook.**

- 1, 2 Walk back right, left
- 3&4 Right back, left together, right forward
- 5&6& Rock forward on left (5) recover weight back onto right(&), rock left to left side(6) recover weight back onto right(&),
- 7&8& Step left together(7), point right toe to right side(&), tap right heel forward (8) hook right foot across left shin (&).

**Restart!**

## **Tag end of wall 1 and 3.**

### **Rock forward recover hook, shuffle forward, repeat on left**

- 1, 2& Rock forward on right(1) recover weight back onto left(2), hook right foot across left shin(&),
- 3&4 Step right forward, left together, step forward on right
- 5,6& Rock forward on left(5) recover weight back onto right(6), hook left foot across right shin(&)
- 7&8 Step forward on left, right together, step forward on left.

### **Side together back, side together back, back shuffle, coaster step.**

- 1&2 Side right, left together, step back on right
- 3&4 Side left, right together, step back on left
- 5&6 Step back right, step left together, step back right
- 7&8 Step left back, step right together, step left forward