

# What's Up Lonely

**Count:** 48

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Gerard Murphy (CAN) - January 2011

**Music:** What's Up Lonely - Kelly Clarkson : (CD: Thankful)



## **PRESS R TO R, SLIDE/TOUCH, SHUFFLE R, ROCK & STEP L, BEHIND, ¼ TURN L, STEP R FORWARD**

- 1-2 Side press R to R, slide & touch R next to L  
3&4 Shuffle R: R, L, R  
5&6 Step ball of L behind R, recover onto R, step L to L side  
7&8 Step R behind L, step L to L making a ¼ turn L, step R forward

## **STEP FORWARD L, STEP FORWARD R, PIVOT ½ L, SHUFFLE ¾ L, ROCK BACK/RECOVER, STEP L FORWARD**

- 9-11 Step L forward, step R forward, pivot ½ turn L with weight to L  
12&13 Shuffle ¾ turn L: R, L, R  
14-16 Rock back on L, recover forward onto R, step forward on L

## **SHUFFLE FORWARD, STEP FORWARD L, POINT R TO R, CROSS ROCK/RECOVER POINT X 2**

- 17&18 Shuffle forward: R, L, R  
19-20 Step forward on L, point R to R side  
21&22 Cross rock R over L, recover onto L, point R to R side  
23&24 Cross rock R over L, recover onto L, point R to R side (moving slightly forward on counts 21 to 24).

## **CROSS SHUFFLE L, STEP L, SAILOR STEP, BEHIND/SIDE/CROSS, UNWIND ¾ R & POP R KNEE**

- 25&26 Cross shuffle to L: R, L, R  
27 Step L to L  
28&29 Step R behind L, step L to L side, step R to R side  
30&31 Step L behind R, step on ball of R, cross step L over R  
32 Unwind ¾ turn R and pop R knee

## **STEP, KICK/BALL, SHUFFLE FORWARD, ROCK/RECOVER, SHUFFLE ½ L**

- 33,34& Step R forward, low kick L forward, step down on L  
35&36 Shuffle forward: R, L, R  
37-38 Rock forward on L, recover onto R  
39&40 Shuffle 1/2 turn L: L, R, L (OR shuffle 1 ½ turn L...more difficult!)

## **WALK FORWARD R/L, SWIVEL ½ R/SIT, POINT/LOOK BACK, STEP/BUMP, STEP/BUMP**

- 41-42 Walk forward R, L  
43 Swivel ½ turn R on balls of both feet while bending knees into sitting position — weight to L  
44 Touch R toes forward while standing up - and look over L shoulder  
45-46 Step R forward, touch L slightly forward and bump L hip gently L  
47-48 Step L forward, touch R slightly forward and bump R hip gently R

## **START AGAIN!**

### **Restart:**

After 2 rotations (facing the back wall), dance the first 16 counts and then restart from the beginning.

### **Tag:**

After another 2 rotations (facing the front wall), dance this 4 count tag:

- 1-2 Step R forward, touch L slightly forward and bump L hip gently L  
3-4 Step L forward, touch R slightly forward and bump R hip gently R

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