

# Strip Me

Count: 48

Wall: 1

Level: Phrased Intermediate

Choreographer: Larry Schmidt (USA) - December 2010

Music: Strip Me - Natasha Bedingfield : (CD: Strip Me - Deluxe Version)



Start dancing on lyrics

Sequence: 32-count intro, AAB, A, A-, B, A, A-, B, A-, B, A- (A- is the first 16 counts of A)

## Part A

### Kick & Touch & Kick & Cross, Scissors Step, Bump, Bump, Bump

- 1&2 Kick right forward, step right together, touch left behind right  
&3&4 Step left together, cross/kick right over left, step right together, cross left over right  
5&6 Step right to side, step left together, cross right over left  
7&8 Step left to side bumping hips left, bump hips right, bump hips left. (weight ending on left)

### Back Rock, Side Rock, Sailor With ¼ Turn And Cross, Side, ¼ Turn Side, ¼ Turn, Side, ¼ Turn, Side

- 1&2& Cross/rock right behind left, recover to left, rock right right, recover to left  
3&4 Cross right behind left, turn ¼ right and step left to side, cross right over left  
5&6& Rock left to side, turn ¼ right to right, rock left to side, turn ¼ right to right  
7&8 Rock left to side, turn ¼ right to right, step left to side

### Sailor With ¼ Turn, Triple Forward, Step-½ Pivot-Step Full Turning Triple

- 1&2 Cross right behind left, turn ¼ right and step left to side, step right forward  
3&4 Chassé forward left, right, left  
5&6 Step right forward, pivot ½ left to left, step right forward  
7&8 Triple full turn in place left, right, left

### Run-Run-Run-Run, Coaster Step, Triple ½ Turn, Step, ¼ Pivot

- 1&2& Step right forward, step left forward, step right forward, step left forward  
3&4 Step right forward, step left together, step right back  
5&6 Turn ¼ left and step to left, step right together, turn ¼ left and step left forward  
7-8 Step right forward, pivot ¼ left to left

## Part B

### Cross Rock, Recover, Triple With ¼ Turn, ¼ Turn With Touch Side With Touch, Triple Left

- 1-2 Cross/rock right over left, recover to left  
3&4 Turn ¼ right and step right forward, step left together, step right forward  
5-6 Turn ¼ right to left side to the left and touching right together, step right to side and touch left together

### Think hop to side while bringing the other together with the weighted, left then right

- 7&8 Chassé side left, right, left

### Cross Rock, Recover, Triple With ¼ Turn, ¼ Turn With Touch Side With Touch, Triple Left

- 1-2 Cross/rock right over left, recover to left  
3&4 Step right to side, step left together, turn ¼ right and step right forward  
5-6 Turn ¼ right to left side to the left and touching right together, step right to side and touch left together

### Think hop to side while bringing the other together with the weighted, left then right

- 7&8 Chassé side left, right, left