

# My Only One

**COPPER** KNOB  
BY STEPHEN BRETTS

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Gaye Teather (UK) - November 2010

Music: She Was My Only One - Fools Gold



16 count intro)

Track available as free download from <http://www.freewebs.com/pwtracks/> Or [www.gayeteather.com](http://www.gayeteather.com)

Dance travels in CW direction

## Step. Tap. Step. Pivot quarter turn Right. Weave Quarter turn Right

- 1 – 4 Step forward on Right. Tap Left beside Right Step forward on Left. Pivot quarter turn Right
- 5 – 6 Cross Left over Right. Step Right to Right side
- 7 – 8 Cross Left behind Right. Quarter turn Right stepping forward on Right (6 o'clock)

## Step. Tap. Step. Pivot quarter turn Left. Weave quarter turn Left

- 1 – 2 Step forward on Left. Tap Right beside Left. Step forward on Right. Pivot quarter turn Left
- 5 – 6 Cross Right over Left. Step Left to Left side
- 7 – 8 Cross Right behind Left. Quarter turn Left stepping forward on Left (12 o'clock)

## Right rocking chair. Step. Pivot half turn Left. Shuffle forward

- 1 – 4 Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

**Note: Angle body and sway hips forward and back on the above 4 steps**

- 5 – 6 Step forward on Right. Pivot half turn Left (6 o'clock)
- 7&8 Step forward on Right. Step Left beside Right. Step forward on Right

## Left rocking chair. Step. Pivot quarter turn Right. Cross shuffle

- 1 – 4 Rock forward on Left. Recover onto Right. Rock back on Left. Recover onto Right

**Note: Angle body and sway hips forward and back on the above 4 counts**

- 5 – 6 Step forward on Left. Pivot quarter turn Right (9 o'clock)
- 7&8 Cross Left over Right. Step Right to Right side. Cross Left over Right

## Modified Rumba box

- 1 – 4 Step Right to Right side. Step Left beside Right. Step forward on Right. Touch Left beside Right
- 5 – 8 Step Left to Left side. Step Right beside Left. Step back on Left. Step back on Right

## Back rock. Half turn Right. Back rock. Half turn Left. Quarter turn Left. Touch

- 1 – 3 Rock back on Left. Recover onto Right. Half turn Right stepping back on Left (3 o'clock)
- 4 – 6 Rock back on Right. Recover onto Left. Half turn Left stepping back on Right (9 o'clock)
- 7 – 8 Quarter turn Left stepping Left to Left side. Touch Right beside Left (6 o'clock)

## Side Right. Touch. Side Left. Touch. Full rolling turn Right. Touch

- 1 – 2 Step Right to Right side swaying hips Right. Touch Left beside Right
- 3 – 4 Step Left to Left side swaying hips Left. Touch Right beside Left
- 5 – 6 Quarter turn Right stepping forward on Right. Half turn Right stepping back on Left
- 7 – 8 Quarter turn Right stepping Right to Right side. Touch Left beside Right (6 o'clock)

**Steps 5 – 8 can be replaced with a vine Right. Touch**

## Side Left. Touch. Side Right. Touch. Side. Behind. Quarter turn Left shuffle

- 1 – 2 Step Left to Left side swaying hips Left. Touch Right beside Left
- 3 – 4 Step Right to Right side swaying hips Right. Touch Left beside Right
- 5 – 6 Step Left to Left side. Cross Right behind Left

7&8 Quarter turn Left stepping forward on Left. Step Right beside Left. Step forward on Left (3 o'clock)

**Start again**

**\*Tags: Add the following 4 count tag at the end of walls 3 (Facing 9 o'clock) and 6 (Facing 6 o'clock)**

**Step. Pivot half turn Left x 2**

1 – 4 Step forward on Right. Pivot half turn Left. Step forward on Right. Pivot half turn Left

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