# Man Chang Fei

**Count: 32** 

Level: Improver

Choreographer: Anonymous (SG) - October 2010 Music: Flying Over Field (Mandarin)

#### Intro: 16 Counts

## 1: Forward Walk, Forward Shuffle, Forward Rock, Recover, $\frac{1}{2}$ Left Shuffle Turn

- 1,2,3&4 Walk fwd R-L, step R fwd, close L together, step R fwd
- 5,6,7&8 Rock L fwd, recover R, Turn ¼ L step L to L, close R together, turn ¼ L step L fwd [6:00]

#### §2: [Side Rock, Recover, Cross Shuffle] - Right Then Left Lead

- 1,2,3&4 Rock R to R, recover L, cross R over L, step L to L, cross R over L
- 5,6,7&8 Rock L to L, recover R, cross L over R, step R to R, cross L to R

## §3: Vine 2, ¼ R Shuffle Turn, Forward Rock, Recover, Back Shuffle

- 1,2,3&4 Step R to R, step L behind R, step R to R, close L together, turn ¼ R step R fwd [9:00]
- 5,6,7&8 Rock L fwd, recover R, step L back, close R together, step L back

## §4: Back Rock, Recover, Forward Shuffle, Kick, ¼ L Jazz Box Turn

- 1,2,3&4 Rock R back, recover L, step R fwd, close L together, step R fwd
- 5-8 Kick L to L diagonal, cross L over R, turn 1/8 L step R back, turn 1/8 L step L to L as you throw both arms forward and high up singing" Hey" [6:00]

## Start Again!





**Wall:** 2