

# Freight Train

Count: 54

Wall: 4

Level: Phrased Intermediate

Choreographer: Danièle Percher-Ribeau - August 2010

Music: Freight Train - Alan Jackson



To « cling » with music, the choreography has 4 parts and 1 tag.

A – B – CCC – D - A - B – CCC – D – TAG - A – B – CCC – D - TAG X2 - CCC – D – repeat the TAG until the end.

## PART A

### SHUFFLE FORWARD-1/2 TURN RIGHT-SHUFFLE BACKWARD-COASTER STEP-HELL GRIND LEFT WITH 1/4 TURN LEFT

- 1&2 Shuffle forward Right Left Right
- 3&4 Shuffle back LRL with 1/2 turn Right
- 5&6 Coaster step R : Right foot back, left foot side right foot, right foot forward
- 7-8 Heel grind L : Left heel forward, toes on right, turn toes to left with 1/4 turn left

### COASTER STEP-SHUFFLE FORWARD-1/2 TURN RIGHT-SHUFFLE BACKWARD-COASTER STEP

- 9&10 Coaster step L : Left foot back, right foot side left foot, left foot forward
- 11&12 Shuffle forward RLR
- 13&14 Shuffle back LRL with 1/4 turn right
- 15-16 Coaster step Right : right foot back, left foot side right foot, right foot forward

### HEEL GRIND LEFT WITH 1/4 TURN LEFT-COASTER STEP LEFT-HEEL SWITCHES-STEP-1/4 TURN LEFT

- 17-18 Heel grind L : left heel forward, toes on right, turn toes to left with 1/4 turn left
- 19&20 Coaster step L : left foot back, right foot side left foot, left foot forward
- 21&22& Right heel forward (21), right heel side left heel (&), Left heel forward (22), left heel side right heel (&)
- 23-24 Right foot forward, 1/4 turn left

## PART B

### CROSS STEP 1/2 TURN LEFT-SAILOR STEPS RIGHT AND LEFT-STEP SLIDE

- 25-26 Cross right foot on left foot, 1/2 turn left
- 27&28 Sailor step R : cross right foot behind left foot, step left foot on left, right foot in place
- 29&30 Sailor step L : cross left foot behind right foot, step right foot on right, left foot in place
- 31-32 1 step right foot forward, slide left foot side right foot

## PART C

### CLAP-HEELS AND TOES SWIVELS-SAILOR STEP

- 33-34 Clap – clap
- 35-36 Swivels on Right heel and Left toe : right toe on right and left heel on left, in place
- 37-38 Swivels on Left heel and Right toe : left toe on left and right heel on right, in place
- 39&40 Sailor step R: cross right foot behind left foot, step left foot on left, right foot in place

### SAILOR STEP-KICK BALL STEPS-CROSS STEP-1/2 TURN LEFT

- 41&42 sailor step L : cross left foot behind right foot, step right foot on right, left foot in place
- 43&44 Kick ball step R: Kick right foot crossed on left foot, Right foot in place, step left foot on left
- 45&46 Kick ball step R: Kick right foot crossed on left foot, Right foot in place, step left foot on left
- 47&48 Kick ball step R :Kick right foot crossed on left foot, Right foot in place, step left foot on left
- 49-50 Cross right foot on left, 1/2 turn on left

## PART D

### SAILOR STEP – SAILOR STEPS TURN LEFT

51&52 Sailor step R :cross right foot behind left foot, step left foot on left, right foot in place  
53&54 Sailor step Left with ¼ turn left

**TAG (32 comptes) :**

1-2 Touch Right heel forward, Touch right toes back  
3&4 shuffle RLR in place  
5-6 Touch Left heel forward, Touch left toes back  
7&8 Shuffle LRL in place

**Repeat counts 1 to 8**

1-2 Touch Right heel forward, Touch Right toes back  
3&4 shuffle forward : RLR  
5-6 Touch Left heel forward, Touch right toes back  
7&8 shuffle forward LRL

9-10 Rock step Right forward : step right foot forward, back on left foot  
11&12 Coaster step Right : Right foot back, Left foot side Right foot, Right foot forward  
13-14 Rock step Left forward : step left foot forward, back on right foot  
15&16 Coaster step Left : Left foot back- Right foot side Left foot, Left foot forward

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