

# He Ain't Heavy

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Shanthie De Mel (AUS) - July 2010

Music: He Ain't Heavy, He's My Brother - Cher : (CD: Gypsies, Tramps & Thieves - 3:32)



**Begin: Wt on R. 16 count Intro. Start on " ....long"**

**For split floors, see Beginner Line Dance "A Long Road" & Advanced Line Dance "Journey Of Love", to the same song.**

## **1/4 LEFT FWD, FWD, PIVOT 1/2 LEFT, SIDE, SLOW DRAG, BALL- CROSS, BALL- CROSS**

- 1, 2           Turning 1/4 left step L fwd, step R fwd
- 3, 4           Pivot 1/2 left on L, take a big step on R to right side
- 5, 6           Slow drag L to R moving towards back, for 2 counts
- &7            Step on ball of L behind R, cross R over L,
- &8            Step on ball of L behind R, cross R over L (3:00)

## **FWD ROCK, RETURN, 1/2 LEFT FWD, FWD, PIVOT 1/2 LEFT, FWD, ROCKING CHAIR**

- 1,2,3,4       Rock L diag fwd, return R, turning 1/2 left step L fwd, step R fwd (9:00)
- 5, 6           Pivot 1/2 left keeping weight on L, step fwd R (3:00)
- 7&8&        Rock fwd L, return R, rock back L, return R (\*)

**\*RESTART HERE FACING 9:00 ON WALL 6.**

## **SIDE, DRAG, SAILOR RIGHT, BALL, SIDE, DRAG, SAILOR LEFT**

- 1, 2           Take big step on L to left side, drag R to L
- 3&4           Cross R behind L, step L to left side, step R to right side
- &5, 6         Step on ball of L, take a big step R to right side, drag L to R
- 7&8           Cross L behind R, step R to right side, step L to left side (3:00)

## **CROSS, 1/4 RIGHT BACK, 1/4 RIGHT SIDE, SIDE, BACK, RETURN, SCUFF, 1/4 LEFT ANCHOR STEP**

- 1, 2           Cross R over L, turning 1/4 right step back on L
- 3, 4           Turning 1/4 right step R to right side, step L to left side (9:00)
- 5, 6&         Rock back R, return L, scuff R fwd
- 7& 8          Turning 1/4 left rock R to right side, return L, rock R in place. (6:00)

**\*Restart after count 16 on wall 6 facing 9:00, when the verse starts: the music will indicate.**

**Ending: The dance ends facing 12:00 at count 16. The vocals slow down but keep the beat & finish with a big drag on L to the left side.**

**DEDICATED TO MY DEAR BABY BROTHER NIHAL.**