

A Long Road

COPPER KNOB
BY SHEETS

Count: 32

Wall: 2

Level: Beginner

Choreographer: Shanthie De Mel (AUS) - July 2010

Music: He Ain't Heavy, He's My Brother - Cher : (CD: Gypsies, Tramps & Thieves - 3:32)



Begin: Wt on R. 16 count Intro. Start on "long"

For split floors, see Intermediate Line Dance "He Ain't Heavy" & Advanced Line Dance "Journey Of Love", to the same music.

VINE LEFT, FWD SCUFF RIGHT, FWD RIGHT ROCKING CHAIR

1,2,3,4 Step L to left side, cross R behind L, step L to left side, scuff R fwd
5,6,7,8 Rock R fwd, return L, rock R back, return L (12:00)

VINE RIGHT, FWD SCUFF LEFT, FWD LEFT ROCKING CHAIR

1,2,3,4 Step R to right side, cross L behind R, step R to right side, scuff L fwd
5,6,7,8 Rock L fwd, return R, rock L back, return R (12:00)

CROSS, POINT, CROSS, POINT, LEFT JAZZ BOX

1,2,3,4 Cross L over R, point R to right side, cross R over L, point L to left side
5,6,7,8 Cross L over R, step R back, step L back, step R to right side

PADDLE RIGHT ON LEFT X3, HOLD

1, 2 Turning 1/8 right step L fwd, pivot right on R
3, 4 Turning 1/8 right step L fwd, pivot right on R (3:00)
5,6,7,8 Turning 1/4 right step L fwd, pivot right on R, hold on R for 2 counts. (6:00)

Note: After the chorus, continue dancing the walls, keeping the count, even though the phrasing does not fit. Tags/Restarts are thus avoided.

Ending: The dance ends facing 12:00 at count 16. The vocals slow down, but keep the beat, & finish, with a big drag on L to left side. The song could be speeded up 10%.