

This Ol' World

Count: 48

Wall: 4

Level: Improver

Choreographer: Clare Bull (UK) - May 2010

Music: This Ol' World (feat. Joe Bonamassa) - Sandi Thom



Intro: 48 Count from heavy beat

CROSS, POINT, CROSS, POINT, FORWARD ROCK, COASTER STEP

- 1-2 Cross right over left, point left toe out to left side
- 3-4 Cross left over right, point right to out to right side
- 5-6 Rock forward onto right, replace weight on left
- 7&8 Step back right, step left next to right, step forward on right

FORWARD ROCK, SHUFFLE BACK, BACK ROCK, SHUFFLE FORWARD

- 1-2 Rock forward on left, recover weight on right
- 3&4 Step forward on left, step together right, step forward left
- 5-6 Rock back on right, replace weight on left
- 7&8 Step forward on right, step together left, step forward right

SIDE, BEHIND, TURN 1/4, STEP, SHUFFLE FORWARD, PIVOT 1/4, REPLACE WEIGHT

- 1-2 Step left to left side, step right behind left
- 3-4 Step forward on left turning 1/4 left, step forward on right
- 5&6 Step forward on left, step together right, step forward left
- 7-8& Pivot 1/4 turn left, transfer weight to right

SIDE, BEHIND RIGHT, TURN 1/4, STEP, SHUFFLE FORWARD, PIVOT 1/4

- 1-2 Step left to left side, step right behind left
- 3-4 Step forward on left turning 1/4 left, step forward on right
- 5&6 Step forward on left, step together right, step forward left
- 7-8 Pivot 1/4 turn left

RIGHT AND LEFT DOROTHY STEPS, FORWARD ROCK, 1/2 TURN RIGHT X 2

- 1-2& Step forward on right diagonal, lock left behind right, step right slightly forward
- 3-4& Step forward on left diagonal, lock right behind left, step left slightly forward
- 5-6 Rock forward on right, replace weight on left
- 7-8 Turn 1/2 right stepping forward on right, turn 1/2 right stepping back on left

BACK ROCK, SHUFFLE FORWARD, JAZZ 1/4, POINT

- 1-2 Rock back on right, replace weight on left
 - 3&4 Step forward on right, step together left, step forward right
 - 5-6 Cross left over right, step back on right turning 1/4 left
 - 7-8 Step left to left side, point right out to right side
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