

# Dance or Rock n Roll

**Count:** 48

**Wall:** 2

**Level:** Improver

**Choreographer:** Ivonne Verhagen (NL) - February 2010

**Music:** Mama Don't Dance & Your Daddy Don't Rock & Roll - Dr. Hook



## **SCUFF, HITCH/SCOOT, STEP, ROCK STEP (2X)**

1&2 RF scuff, hitch r knee & scoot on lf, step on RF  
3,4 LF rock back, RF weight back on RF  
5&6 LF scuff, hitch l knee & scoot on rf, step on LF  
7,8 RF rock back, LF weight back on LF

## **SHUFFLE ¼ TURN RIGHT, PIVOT ½, STEP, ½ TURN, ¼ TURN, TOUCH**

1&2 RF step to the right side, lf close to rf, ¼ turn right and rf step forward  
3,4 LF step forward, ½ turn right and step rf forward  
5,6 LF step forward, ½ turn left and rf step back  
7,8 ¼ turn left and lf step big step to left side, rf touch close to lf

## **KICK BALL CROSS (2X), STEP, TOUCH, KICK BALL CROSS**

1&2 RF kick diagonal right, rf step on rf, lf cross over rf  
3&4 RF kick diagonal right, rf step on rf, lf cross over rf  
5,6 RF step to the right side, lf touch close to rf  
7&8 LF kick diagonal left, lf step on lf, rf cross over lf

## **¼ TURN SHUFFLE, SHUFFLE, WALK, WALK, TOUCH SCOOT/HITCH, STEP**

1&2 LF step to the left side, rf close to lf, ¼ turn left and lf step forward  
3&4 RF step forward, lf close to rf, rf step forward  
5,6 Step lf forward, step rf forward  
7&8 LF touch behind rf, lift lf and scoot back on rf, lf step back

## **TOUCH SCOOT/HITCH, STEP, ROCK STEP, SHUFFLE FORWARD, PIVOT ½**

1&2 RF touch behind lf, lift rf and scoot back on lf, rf step back  
3,4 LV rock back on lf, rf weight on rf  
5&6 LF step forward, rf close to lf, lf step forward  
7,8 RF step forward, ½ left and lf step forward

## **STEP, HOLD, ½ TURN, HOLD, STEP, HOLD, ¼ TURN, HOLD**

1,2 RF step forward, hold (and snap fingers)  
3,4 ½ turn left (weight on lf), hold (and snap fingers)  
5,6 RF step forward, hold (and snap fingers)  
7,8 ¼ turn left (weight on lf), hold (and snap fingers)

**Have fun!**

**No tags or restarts...**