

# Love Lifted Me

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 60

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Theresa Needham (UK) - December 2009

**Music:** Love Lifted Me - Kenny Rogers : (CD: Very Best of Kenny Rogers)



## 12 Count intro

**Alternatives - Tania Kernaghan – The last great romantic. CD. Living the dream. 105 BPM. 12 count Intro**  
**And. Leo Sayer - When I need you. CD. Endless Journey. 110 BPM. Start on vocals**

## **TWINKLES L. & R. WALTZ FORWARD 1/8 TURN R. WALTZ BACK 1/8 TURN R.**

- 1 – 2 – 3 (Moving forwards) cross L over R, step R to R side, step L in place  
4 – 5 – 6 Cross R over L, step L to L side, step R in place  
7 – 8 – 9 Making 1/8 turn R, waltz forward  
10 – 11 – 12 Making 1/8 turn R, waltz back

## **WALTZ FORWARD 1/8 TURN R, WALTZ BACK 1/8 TURN R, TWINKLES L. & R.**

- 1 – 2 – 3 Making 1/8 turn R, waltz forward  
4 – 5 – 6 Making 1/8 turn R, waltz back  
7 – 8 – 9 Cross L. over R. step R. to R. side step L. in place  
10 – 11 – 12 Cross R. over L. step L. to L. side, step R. in place

## **STEP, SWEEP ½ TURN L, HITCH, STEP LOCK STEP R & L, FORWARD ROCK RECOVER STEP BACK**

- 1 – 2 – 3 Stepping forward on L, sweep ½ turn L, hitch R  
4 – 5 – 6 Step forward on R, lock L, behind R, step forward on R.  
7 – 8 – 9 Step forward on L, lock R, behind L, step forward on L  
10 – 11 – 12 Rock forward on R, recover onto L, step back on R

## **STEP BACK L, HEEL TAPS X2, STEP BACK R, HEEL TAPS X2, ½ TURN L, WALTZ BACK**

- 1 – 2 – 3 Step back on L, tap R, heel forward twice  
4 – 5 – 6 Step back on R, tap L, heel forward twice  
7 – 8 – 9 Step forward on L, making ½ turn L, step back on R, step L in place  
10 – 11 – 12 Step back on R, step L beside R, step R, in place

## **STEP BACK ON L, HEEL TAPS X2, STEP BACK ON R, HEEL TAPS X2, STEP ¼ TURN L, FORWARD FULL TURN R,**

- 1 – 2 – 3 Step back on L, tap R, heel forward twice  
4 – 5 – 6 Step back on R, tap L, heel forward twice  
7 – 8 – 9 Step forward on L making ¼ turn L, step R beside L, Step L in place  
10 – 11 – 12 Forward full turn R

Theresa Needham [maurice.needham@ntlworld.com](mailto:maurice.needham@ntlworld.com)