

Sag & Drag

Count: 48

Wall: 2

Level: Easy Intermediate

Choreographer: Margaret Murphy (AUS) - August 2009

Music: Sag, Drag and Fall - Sid King & The Five Strings



(1-16) Right Toe Strut, Left Toe Strut Across, Step Right, Rock/Step

- 1,2,3,4 Right Toe/Heel strut to the right, Left Toe/Heel strut across right.
5,6,7,8 Step Right to Right, hold, rock/step back onto Left, replace weight onto Right
1,2,3,4 Left Toe/Heel strut, to the left, Right Toe/heel strut across left.
5,6,7,8 Step left to Left, hold, rock/step back onto right, replace weight onto left. (12.00)

(17 – 24) Four Turning Toe struts, Full Turn to the Right Travelling Forward

- 1,2 Turning ¼ to the right, toe strut,
3,4 Turning ¼ to the right toe strut
5,6 Turning ¼ to the right toe strut
7,8 Turning ¼ to the right toe strut (12.00)

(option: 4 toe struts forward)

(25 – 32) Right Charleston step, Left Charleston Step

- 1,2,3,4 Touch Right toe forward, hold, step right foot back, hold
5,6,7,8 Touch Left toe forward, hold, step left foot back, hold

(33 – 40) Stomp Right foot fwd, hold, ¼ turn Left, Stomp Right foot fwd hold ¼ turn Left

- 1,2,3,4 Stomp Right foot fwd, hold, swivel ¼ turn left.
5,6,7,8 Stomp right foot fwd, hold, swivel ¼ turn left. (6.00)

(41 – 48) Jump Forward, RL, Jump Back RL, Prissy Walks x 4

- &1,2 Little jump forward, Right, Left.
&3,4 Little jumps back, Right, Left
5,6,7,8 Prissy walks forward four times, RLRL.

Repeat. And Have Fun.

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