My Loretta

Count: 48

Level: Intermediate

Choreographer: Arne Stakkestad (BEL) - July 2009

Music: My Loretta - Silver

Start after 16 counts

Or Music:

"Let's have a party", Wanda Jackson, start after 32 counts "Sweet little sixteen", Elvis Presley & Jerry Lee Lewis "Let's twist again", Chubby Checker

(1-8) Left Side, Together, Side, Together, Rocking Chair (Hips)

- 1-4 LF side, RF beside LF, LF side, RF beside LF
- 5-8 LF rock forward, recover on RF, LF rock backwards, recover on RF

(9-16) Left Side, Together, Side, Together, Rocking Chair (Hips)

- 1-4 LF side, RF beside LF, LF side, RF beside LF
- 5-8 LF rock forward, recover on RF, LF rock backwards, recover on RF Hips left when weight on LF, hips right when weight on RF, these first 16 counts

(17-24) ¼ Side Toestrut, ¼ Back Toestrut, Side Toestrut, Cross Toestrut

- 1-2 ¼ r and LF toe strut to left side
- 3-4 ¹/₄ r and RF toe strut backwards
- 5-6 LF toe strut to left side
- 7-8 RF toe strut crossed over LF

(25-32) Chasse L, Back Rockstep, Shuffle ½ L, ¼ L Triple

- 1&2 LF side, RF beside LF, LF side
- 3-4 RF rock backwards, recover on LF
- 5&6 1/4 I RF side, LF beside RF, 1/4 I RF backwards
- 7&8 ¼ I LF beside RF, RF beside LF, LF beside RF

(33-40) Hip Bumps With Twists, Heelstrut Fwd, 1/2 L Heelstru T Fwd

- 1-2 hip and heels to right, hip and heels left
- 3-4 hip and heels to right, hip and heels left
- 5-6 RF heel strut forward (knip RFingers)
- 7-8 ¹/₂ left LF heel strut forward (knip LFingers)

(40-48) Heelstrut Fwd, 1/2 L Heelstrut Fwd, Full Turn L, Shuffle Forward

- 1-2 RF heel strut forward (knip RFingers)
- 3-4 ¹/₂ left LF heel strut forward (knip LFingers)
- 5-6 1/2 left RF backwards, 1/2 left LF forward
- 7&8 RF step forward, LF beside RF, RF step forward

ENDING: IN the 11th wall, after count 16, add 2 counts, bump hips L,R





Wall: 4