

# Spirits Up

**COPPER KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Siu Selfridge - May 2009

**Music:** Up - The Saturdays



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## **JAZZ BOX, RIGHT FORWARD, ¼ LEFT PIVOT TURN, RIGHT FORWARD, ¼ LEFT PIVOT TURN**

- 1-4 Cross right over left, step left back, step right to right, step left together  
5-6 Step right forward, pivot ¼ left turn  
7-8 Repeat 5-6

## **RIGHT GRAPEVINE HEEL JACK, RIGHT KICK FORWARD, LEFT CROSS TOUCH, ¼ TURN LEFT SHUTTLE**

- 1-4 Step right to right side, cross left behind right, step right back, touch left heel forward  
5-6 Kick right forward, cross touch left toe over right  
7&8 Turn ¼ left step left forward, step right together, step left forward

## **LEFT FULL TURN, ROCKING CHAIR, RIGHT SIDE, LEFT BEHIND, TURN ¼ RIGHT, LEFT FORWARD**

- 1-2 Make ½ turn left stepping back on right, Make ½ turn left stepping forward on left  
**(Optional: walk right forward, walk left forward)**  
3&4& Rock right forward, recover on left, rock right back, recover on left  
5-8 Step right to side, cross left behind right, turn ¼ right to right side, step left forward

## **KICK OUT, OUT, HIP BUMPS (RIGHT RIGHT-LEFT LEFT), RIGHT BACK, STEP LEFT ¼**

- &1-2 Kick right forward, step right slightly right, step left slightly left  
3-4 Weight on right and push hips to right twice  
5-6 Shift weight to left and push hips to left twice  
7-8 Step right back, step left ¼ left side

**REPEAT**

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