

Paradise

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Marie Sørensen (TUR) - February 2009

Music: Isle of Paradise - Bluelagoon



Intro: 16 count

Restart: On 2 TH wall after 16 Counts (Facing 9 O`Clock)

Side step right. Together, Scissor step, ½ turn right, mambo left

- 1 – 2 Step right to right side, step left beside right
- 3 & 4 Step right to right side, step left beside right, cross right over left
- 5 – 6 ¼ turn right, step back on left, ¼ turn right, step right to right side
- 7 & 8 Rock fwd. left, recover, step left beside right

Side, behind, Heel jacks, ½ turn left, mambo left

- 1 – 2 Step right to right side, step left behind right
- 3 & 4 & Step right to right side, touch left heel fwd. step left beside right, cross right over left
- 5 – 6 ¼ turn right, step back on left, ¼ turn step right to right side
- 7 & 8 Rock fwd. left, recover, step left beside right

Restart the dance here on 2 TH wall (Facing 9 O`Clock)

Side step, together, Chasse, mambo ¼ turn left, run, run, run, run

- 1 – 2 Step right to right side, step left beside right
- 3 & 4 Step right to right side, step left beside right, step right to right side
- 5 & 6 Cross rock left over right, recover, ¼ turn left, step fwd. left
- 7 & 8 & Run fwd. right, left, right, left

Syncopated heel switches, Heel switches, Syncopated heel switches

- 1 & 2 & Touch right heel fwd, step right beside left, Touch left heel fwd. step left beside right (Weight on left)
- 3 – 4 Touch right heel fwd. step right beside left
- 5 – 6 Touch left heel fwd. step left beside right
- 7 & 8 & Touch right heel fwd, step right beside left, Touch left heel fwd. step left beside right (Weight on left)

Contact:

E.mail: cowgirl@esenet.dk

Website: www.sunshine-cowgirl-linedance.dk
